



***Manly Vale
Football Club
Annual Report 2016***

PRESIDENT'S REPORT: *Terry Gatward*

It has been my privilege to be the President for another year which sees Manly Vale FC continue to be in a good financial situation with another small increase in registration numbers. Our club is one with strong family values and we are really and equally proud of our past, present and future. The small band of enthusiastic volunteers have again freely given of their time to ensure that over one thousand boys, girls, men and ladies can take part in the world game. As another year draws to a close it is great to be able to report on two areas of progress that the club has made with the implementation of our Junior development program "The Hornets" and the sponsorship agreement with "Seaforth Physiotherapy & Sports Injury Centre". As with all seasons we end with some teams finding great success and others disappointed that they did not have better fortune.

Again our thanks go to Malouf Manly Pharmacy who have been our major sponsor for the year. We were the only club in the MWFA association who had PL teams make the semi-finals in both men's and ladies competitions reflecting our desire to have equal focus across both genders. Our Ladies A team went down in the grand Final and the men's again exited at the semi-final stage. Success also came in recognition from MWFA with Tyson Masters taking out both the Golden Boot award and the Player of the Year award and in the Ladies Gemma Walmsley was a joint winner of the Rookie of the Year award. You will see elsewhere in this report the list of teams that achieved championships or grand finals. Congratulations to them all.

We also entered into a sponsorship arrangement with Seaforth Physiotherapy & Sports Injury Centre who provided physios to our PL teams and discounts on their services to all our members. This arrangement reflects the important value we place on the health and wellbeing of our members.

The introduction of the junior development program the Hornets squadron was a great initiative that was well implemented by our Junior VP George Malouf, Coaching Director Al Ellis and Administered by Tony Varano (A.K.A. Spock). Utilising a group of club sponsored coaches we launched additional coaching sessions aimed at up-skilling in the key development ages of 9-12. The program was very well subscribed and the feedback has been really positive. We plan a few minor adjustments for next year and are also hoping to link in more development programs across different age groups.

We have again had our normal range of on and off field activities. Our committee has again shown a fantastic commitment to the club and the community. The committee members ensured that we were able to get our teams organised, registered, kitted out and prepared to enjoy their games. Our grounds team made sure that the pitches were well prepared and the good summer weather and the recently installed underground watering system on David Thomas meant that the pitches were at their best state for many seasons. Special thanks to Caroline Hodges and our canteen team who again set the standard for all other clubs to try and follow and provided a huge portion of the clubs funding. The Manly Vale FC Facebook site continues to be a great method of getting information to our members. So even away from playing days there is a great deal of time spent by our secretary, competition secretary, registrar, MWFA delegates, sponsorship manager, and all the Vice Presidents. My thanks go to all this year's committee, many of whom have now spent multiple years supporting the club. It has been especially good to see the ongoing success of our social activities, the Presentation events as well as our regular annual Trivia night.

To me one of the great delights on a Saturday or Sunday morning is to see our youngsters running around their pitches having the time of their life and pretending to be like their favourite Socceroo or Matilda. Even the older players in the club continue to enjoy their games and continue to show the passion that the world game brings out in us all.

We have invited all the teams to submit to us a report of their season; those that we have received are included in this report. I hope these will be a positive reminder of the fun that you and your family have had at MVFC this year. We will be publishing the report on our web site and Facebook page.

Finally I must finish with a big thank you to everyone who has assisted the club in whatever capacity. Without you its volunteers this great sport, that we all love, would not be as popular or available as it is today. In addition thank you to all our sponsors whose generous help continues to assist the club.

Enjoy you summer break and I look forward to joining you for a successful 2017.

Terry Gatward
President

SECRETARY'S REPORT: Roy Sider

This year continued the record breaking player registrations trend for the club, as we pushed even further past the magic 1,000 mark, with a new record of 1,140 players! Many thanks to all players, parents and guardians for your registrations and along with coaches, managers, supporters and sponsors choosing Manly Vale FC for your local football experience!

Congratulations once more to all our League Champions, League Runners Up and Grand Final Winners as well as all other club teams that have proudly donned the mighty maroon & white!

Our flagship Premier League teams continued to perform strongly, with Manly Vale FC being the only MWFA club with Men's and Women's PL teams featuring in the end of season semi-finals!

Special mention to Women's PL'A's who reached the Women's PL Grand Final. And on an individual front, our very own Tyson Masters taking out the Men's Premier League Golden Boot Award and the prestigious Player of the Year Award. Not to be outdone, Gemma Walmsley also shone the torch for the Women by taking out the Women's Premier League Rookie of the Year Award.

A great effort by our senior coaching personnel led by Men's PL Coach, Bob Catlin ably supported by Fabio da Rosa and Tony Bruzzano who steered the Men's PL Firsts to a top 4, semi-finals position. And on the Ladies front, Tony Bruzzano and Roland Winter who led their charges respectively (and for the last time as opposite combatants ahead of the exciting 2017 merger!) in the Women's PL.

To all club sponsors – we appreciate your ongoing support, which helps keep costs on a number of fronts as low as possible. Without valued sponsor support it would be a much more expensive club to be a part of. We look forward to you continuing your association, and if anyone else has a sponsorship query or interest – please approach any of the committee, as we would love to hear from you.

A special acknowledgment to the club's main sponsor, Malouf Manly Pharmacy led by brothers John, George and Alan and all the friendly staff down at 52 The Corso, Manly. We look forward to continuing the relationship for a long time to come! Please support all our sponsors and don't forget to mention you're from Manly Vale FC when you're patronising Malouf Manly Pharmacy to obtain your club discount.

Finally, I would also like to congratulate & thank the following hardy band of committee folk who continue to sacrifice unlimited time and effort to keep the club functioning for the enjoyment of all:

- Terry Gatward (President & VP–Senior Men's);
- Roland Winter (fellow MWFA delegate, VP-Ladies, social committee, website liaison);
- Michael Sestanovich (Competition Secretary & Gear Steward);
- Peter Auld (Registrar)
- George Malouf (VP – Youth Boys)
- Tom Miles (VP–Sub Juniors)
- Neil Blundell (VP–Men's O35s & O45s)
- Emily Craker (VP – Junior Girls)
- Al Ellis (Coaching Director)
- Tony Varano and George Malouf (Hornets Junior Development Program)
- Richard Hadnam (Treasurer)
- Caroline Hodges (Canteen Manager)
- David Hodges, Joe Scaramuzza, Dennis Bayley & Neil Davison (Groundsmen & BBQ)
- Vanessa Morrison (Canteen & BBQ Roster)
- Lee-Anne Sestanovich, Marilinda Winter and Carla McCully (Social Committee)
- Leo Abbruzzo (Sponsorship);
- Graeme Bolton (Photos and Annual Report)
- Caroline McLean (Website Admin & Support)

Caroline & David Hodges, Joe Scaramuzza, Dennis Bayley and Neil "Davo" Davison all deserve special recognition as they so selflessly continue to spend an extraordinary amount of weekday, weeknight and weekend time in ensuring our canteen and fields are in immaculate states for the enjoyment of all!

Whilst your new season committee will continue to strive hard for the benefit of all club participants, on and off the field, we are always keen to see new faces join, – so, if you're interested in helping out in any capacity (for as little or a lot as you wish) please don't hesitate in coming forward and contacting any of the committee.

All players, parents, supporters and sponsors are welcome to attend the Annual General Meeting at 8pm, Wednesday, 12 October at Club North Manly, corner Kentwell and Pittwater Roads, North Manly.

Wishing you all the best for an enjoyable summer & Festive Season. Looking forward to seeing you all back at David Thomas Reserve before you know it!

Roy Sider - Secretary
secretary@manlyvalefc.com.au 0411 33 11 31

REGISTRAR'S REPORT: *Peter Auld*

We had another successful season in terms of player numbers this year – with an increase in numbers over the previous season. By the end of the season we had a total of 1,141 players registered, 13 up on last season. This was made up of :

2016 Players
Juniors (U/6 to U/11) - Boys - 271 players
Juniors (U/6 to U/11) - Girls - 171 players
Youth (U/12 to U/16) – Boys - 94 players
Youth (U/12 to U/16) – Girls - 117 players
Seniors (U/18 and above) – Men - 280 players
Seniors (U/18 and above) – Ladies - 208 players

This year, the numbers remained strong in all age categories, with the greatest rise in the seniors age group numbers. Manly Vale continues to have more female players than any other club, and the highest proportion of female players at 43% of the total club numbers.

67% of players were returning from the 2015 season, with 33% being new players - similar ratios to the previous few years.

With the FFA online registration system in place again this year, we had 88% of players (91% in 2015, 94% in 2014) register online - it is a quick and convenient system which can save time for the players, and make it easier for the club to get all the registrations done in time for the start of the season.

We hope everyone enjoyed their year of football and we hope to see you back again next year.

JUNIOR DEVELOPMENT: *Al Ellis*

What a year it was to be a Hornet!

The inaugural season for our new Junior Development Training Program proved to be a huge success for everyone involved at Manly Vale, and on behalf of all the coaching staff I'd like to thank the club and its patronage for its endearing support.

Right from the beginning, our weekly Tuesday sessions were based on fun and enjoyment for our young players and, in accordance with the holistic philosophy and coaching methodology of the current FFA National Football Curriculum, delivered an additional training session they would not have otherwise received with their regular teams. As we know, the football season is a very short one as it is, so having the extra session undoubtedly went a long way to improving not only their core skills and knowledge of the game, but their self-confidence as well.

Speaking of building self-esteem and people of good character. This season would not have been possible without the commitment and hard work of my fellow coaches, Louie Dinan, Scott White, Surrey Hodges, Rowan St. Clair and Chloe O'Brien. To all of you, thank you for your dedication and guidance throughout the season and for the way in which you came together each and every week to ensure our players were given the best possible opportunity to grow as footballers. As in all sports, the art of coaching is never devoid of its challenges. But in the end, the rewards are there for all to see and it's enough to bring a smile to everyone's face.

Which brings me to our spirited, aspiring young squadron. The Hornets. You are the future of the beautiful game and there are no limits to your ability. Always strive to be the best you can be. As long as you never stop playing and loving your football you are always going to improve and mature as players. For us, everyone is still guessing where you will be playing ten years from now. But we like to think it will, at the very least, still be in a maroon and white jersey!

On this note, we hope to see you all again at Manly Vale in 2017 for what promises to be our biggest season yet.

Go the Squadron! Go the Hornets!

Al Ellis - Director of Coaching,
Manly Vale FC

'We are football. We are Manly Vale.'

WOMENS REPORT: *Roland Winter*

Football continues to grow in popularity for women and Manly Vale Football Club is leading the way, again being the largest football club for women in the MWFA.

In season 2016, we had fourteen women's teams competing in the majority of divisions (including two full squads in the seven-team Premier League competition). This is two more than last season.

During the season it was decided that both PL squads will join forces in 2017 and become one. This is a very exciting milestone for the club and heralds new beginnings.

SENIORS:

PLA; PLB; PLA Reserves; PLB Reserves; 35/1A; 35/1B; 35/2; 35/3; A/L 2; A/L 3; 18/1A; 18/1B; 18/3A; 18/3B.

Our strength and depth is evident with half our teams finishing the season in the top four (and semi-final positions).

SEVEN teams finished in the top 4 of their respective comps:

- PLA
- 35/1A
- 35/2
- 35/3
- 18/1A
- 18/1B
- 18/3A

ONE won the Major Championship (League):

- 35/2

TWO were Runners Up in the Major Championship (League):

- 18/1A
- 18/3A

TWO won the Minor Championship (Final):

- 35/2
- 18/1

TWO were Runners Up in the Minor Championship (Final):

- PLA
- 18/3A

Congratulations and thank you to all those people who continue to support and promote THE WORLD GAME for Women!

Yours in Football, Roland Winter Vice President – Women
August 2016

SUB-JUNIOR REPORT: *Tom Miles*

It gives me great pleasure to present the Sub-Junior report for the 2016 season.

This season we saw over 363 sub-junior players pull on the boots and proudly wear the maroon and white on the fields of David Thomas and beyond.

A busy time at the beginning of the year getting all the players organised into teams, but once settled down it appeared to all smooth sailing. Boys and girls, Mums and Dads, grandmas and grandpas and lots of other supporters cheered on our players as they passed, tackled, kicked, stopped goals and scored goals.

The introduction of the Girls U8 and U9 Competitions was a highlight and it was great to see so many girls playing the game - Manly Vale Football Club has the biggest number of girls & Ladies on the Northern Beaches playing the game.

A big thank you to the Coaches and the Managers, for giving up their time to help the players grow as individuals and learn to play together as a team. A lot of Coaches did formal coaching course in order to learn more about coaching.

I look forward to seeing EVERYBODY back in 2017 - bring a friend along and let's have some fun.

Tom Miles - VP Sub-Juniors MVFC

OVER 35/45'S REPORT: *Neil Blundell*

Once again we had five teams competing in the over 35 & 45 competitions in the 2016 season. Two teams, the 35/4A's and 45/2's managed to reach the semi-finals with a third and fourth place finish respectively however both were defeated in the semi-finals.

Thanks goes out to all the players including members of the band "Van Bogan" from our 45's team who supported the Defibrillator fundraiser in July at Harbord Bowling Club. It was a great success and proceeds from the night will see a defibrillator at DT next season.

Congratulations also goes out to the 35/5's (The Dambusters) and in particular Munsoor Khan who have organised to compete for the "The Bear Cottage Cup" each time they play against Avalon FC. The team has managed to raise in excess of \$2,000 over the past few seasons for this great cause. Well done guys.

See you all back in 2017.
Neil Blundell

CANTEEN MANAGER'S REPORT: *Caroline Hodges*

The canteen has had a record profit this year of \$32.6k, a huge increase on last year. Contributing to this would be the continued increase in the number of games now played at DT, particularly on the smaller fields on both Saturday and Sunday mornings. This coupled with the fact that our canteen remains open all day both Saturdays and Sundays throughout the season. No other club can boast the same, as is often mentioned by our customers.

The fact that our club can manage to do so is in no small part owed to the many club members who volunteer their time, so a big "pat on the back" to all of you. We introduced the option this year for teams to "pay a teen" to do their shift, this proved popular, so thanks to Bronte, Daniel and Ellie for their contribution. As always the profit from the canteen goes towards the expenses required to keep the club running, and minimising increase to registration fees.

Extra Special thanks to:

Vanessa , for taking on the huge volunteer role of organising the Canteen and BBQ rosters. With all the changes to draws that happen during the season this is truly a time-consuming job that continues from pre-season until the very last round. After 3 years of doing this job she will be stepping down and I would like to thank her for having undertaken the task.

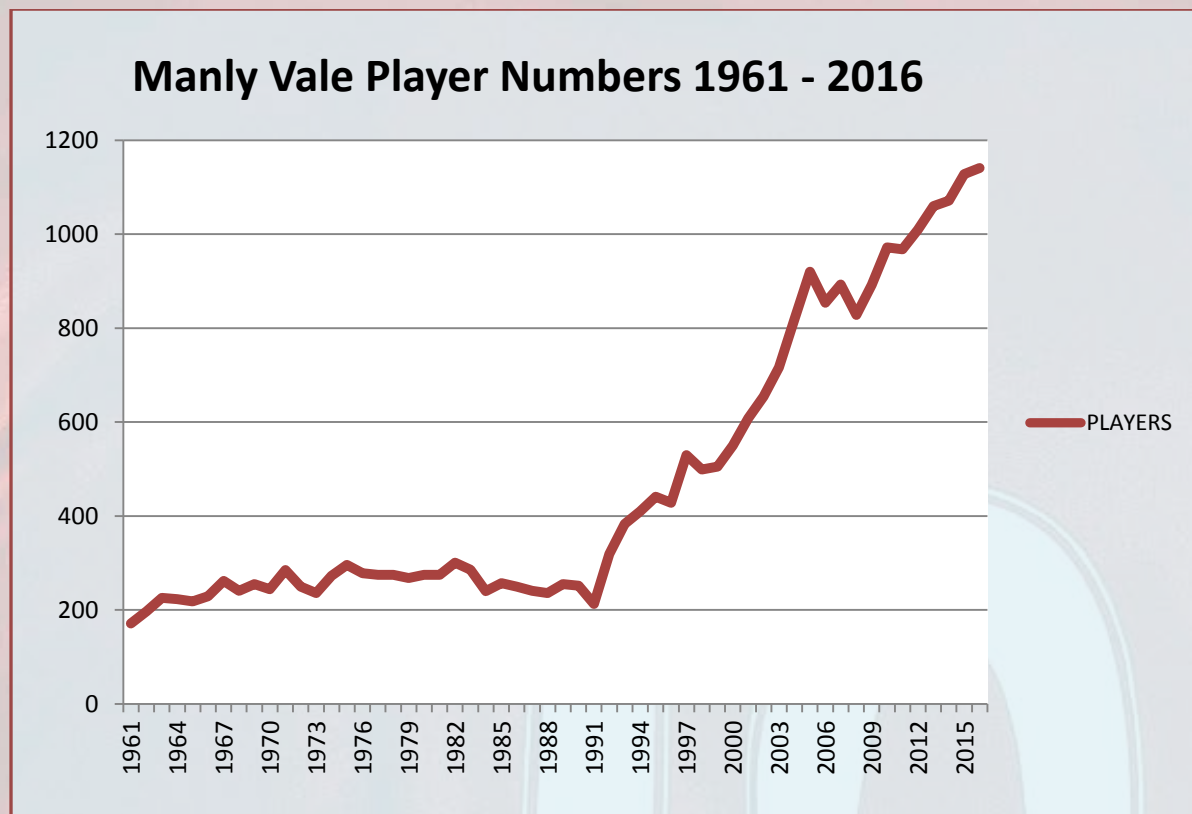
David, Joe, Dennis, Luke and Neil for setting up the BBQ every weekend and being the “roster fill-ins” in timeslots when volunteers were unavailable. This in addition to their Groundsmen's set-up and pack-up duties.

Special mention also of Connie, Robyn, Lee-Anne, Surrey, Kaylee, Lucy - for the extra jobs they do (they just love making lolly bags - made well over 1200 this year). Also Daniel S for choosing us for his Duke of Ed. volunteer work.

All our team managers and coaches, who organise the rosters of players and parents, and to the volunteers themselves who worked in the Canteen and/or BBQ. It's great to catch-up with the return volunteers and to meet the new members to our club.

Enjoy a lovely summer break, I look forward to the return of our club members in 2017 to our winter "home" at DT.

Caroline Hodges - Canteen Manager



PUBLISHER - ANNUAL REPORT: *Graeme Bolton*

Notice is hereby given that the 2016 Manly Vale Football Club Annual General Meeting will be held on:

Wednesday 12th October 2016 – 8pm

At: North Manly Bowling Club

Cnr Pittwater Rd & Kentwell Rd, Manly Vale

All Players, Parents, Coaches, Managers & Supporters are encouraged to attend.

Vale Life - 2016



2016 Team Reports

Under 6s

U6 Angry Ants – Coach: Rachel Ingham

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

U6 Barracudas – Coach: Katherine Stephens

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.



U6 Dinosaurs – Coach: Tom Miles

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

U6 Dragons – Coach: Robert Silver

The club hopes that all this team have enjoyed the season, and they will be back again next year. A

thank you to all that have helped throughout the season.

U6 Dynamites – Coach: Jono Garnham/Rob Harris/Genevieve Matthews

The Manly Vale Dynamites have kicked off their soccer season with enormous enthusiasm. With all players participating for the very first time in a team sport. We have had a great mix of young boys and girls learning how to kick, pass and score goals. We've had several kids showing significant prowess on the field and we look forward to watching them develop their talent over the coming years. Whilst others have been there to enjoy the fun, laughter, the team environment and giving it their very best every week. Others have given it a shot and decided it's not for them at the moment.

Highlights have included huge smiles and looks of surprise when they've saved a goal or made a tackle (and won the ball!), seeing the week on week improvement in little ways, seeing the commitment to turn up (thanks to some parental encouragement) and be on the sideline, subbing on and off for short bursts of participation, often much needed to get through the winter/cold months. Watching the talent come out and seeing the ball skills improve as well as a child's preference to be the natural defender or a more obvious attacker making their move. And without a doubt, the main highlight for the team has been seeing the kids be kids and hug, cuddle and be little funsters throughout the season and during practice.

Our team has been supported with a fabulous parental team effort with Lisa Harrison taking on the Manager Role and Coaching split with Genevieve Matthews as Training Coach, with Rob Harris and Jono Garnham coaching the weekend games. It has been a rewarding experience for coaches and kids alike. Our parent and grandparent support each weekend and getting kids to practice has been marvellous and great for building and supporting the Manly Vale soccer community.

U6 Kookaburras – Coach: Julie Grima

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

U6 Sharks – Coach: David Fargher

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

Under 7s

U7 Bandicoots – Coach: Peter Lee

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

U7 Jaguars – Coach: Rhett Douglas/Mark Gibson

The mighty Jaguars had an enjoyable season with everyone having fun. Most games were close with a good share of wins and losses, so this created a lot of excitement on the touchline. Each of the boys improved as the season progressed and even some passes were completed!

The coaches ran mid-week training every week too and all the boys were grateful for their effort. - Steve Matthews Team Manager and Referee

U7 Lions – Coach: Jason Dow

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

U7 Magpies – Coach: Daniel Goodsir

This year again showed positive improvements with most of the players...

U7 Pelicans – Coach: James Carter

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

U7 Possums – Coach: Kristy Conlon/ Sarah Molina

As our 2nd season has come to an end we are thrilled at how our girls have shown sportsmanship, enthusiasm and a love of the game week after week. The girls had a lot of fun and as an all-girl team even managed a few wins against the boys through the season. The girls are looking forward to next season playing in an all-girls competition and capitalising on the skills and the team work they learnt this year. We hope their confidence will be rewarded next year with a more even playing field. Team Manager - Cris Unwin



Under 8s

U8 Dingoes – Coaches: Gavin Briggs

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

U8 Eagles – Coach: Steven Black/Jon Colwell

2016 was another great year under manager Jono Colwell who oversaw a largely unchanged squad from U7's and indeed from the halcyon days of the U6 Angry Ants. There are now 2 fraternal pairings in the squad (one official, one unofficial) and the innate understanding between these players was self-evident.



The

Under 9s

U9 Bull Sharks – Coach: James Farrington

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

U9 Great Whites – Coach: Octavian Sokolow/Andrew Dennehy

This year, our team represented the best of the U9 boys, after having been graded prior to commencing the season.

With several fantastic and very skilled players, we played 18 matches, having been re-graded several times along the way, placing us in the top 5 teams for our division! – a fantastic achievement, made possible by our wonderful coach and assistant coach who nurtured the boys and made their development possible.

In all, we won 10 games, drew 4 and lost 4 (most of which were by the narrowest of margins). A great result for all concerned. All the parents are very proud of the boys. - Regards, Anthony Romeo

U9 Hammerheads – Coach: Ian Donald

The Hammerheads started the season slowly with a team of players that had not all played together before.

After a few weeks of getting to know each other and working hard at training the team hit its straps and played very strongly over the last three quarters of the season. During this time goals came in abundance from Lucy Zaknic, Eamon Donald, Gabriel Gonzalez and Noah Golden. Adam Zaknic's defence was outstanding throughout the year and he was supported by Max Ingham, Harry Rose, Tim Bell and Eric Wong. Jakob was sensational in goals all season and ably supported by Tim & Max.

Well done Hammerheads and hope you all enjoyed the season. Thank you to Richard Ingham for managing the team, to Enrique

manager's footballing philosophy of width, speed and possession was once again completely ignored by the players who adopted a direct, central and all out attacking 1-5-1 formation, leading to great entertainment for the fans but mixed results, with clean sheets a rare commodity. The manager's early decision to appoint a Director of Social Events proved inspired, with red wine and cheese a feature of Wednesday afternoons.

The move to the bigger pitch and goalkeepers went smoothly with a rotational system adopted early. The next David de Gea is in the squad somewhere. We think. Focusing on the technicals, training continued to emphasise fun over formation and while herding cats is never easy, the growing maturity of the boys was obvious. Well, maybe not obvious exactly, but it improved at least from 2015. A bit. The addition of cross training discipline with sessions at Manly pool late in the season kept the boys on their toes and added a dimension to competition for places on a Saturday.

Well done to Jono and the boys for another great season of footie. Looking forward to 2017 already!

U8 Falcons – Coach: Matt Deacon/ Eamon Ridgeway

Team: Alex Mensdorf, Cooper Smailes, George Tuckey, Jack Heriot, James Deacon, Joe Mills, John Campbell, Lewis Marquet, Lewis Ridgway, Matyas Tuma, Ollie Rossetto.

The Falcons stepped up to the U8's, excited to stretch their legs on bigger pitches and try out as goal keepers. We had a very enjoyable season playing teams across the area with mixed outcomes but plenty of fun along the way.

The weeks flew by and all the boys showed real progress by the end of the season playing more as a team plus some noticeable new skills picked up along the way. The Falcons are looking forward to playing again next year.

U8 Kelpies – Coach: Mark Gibson

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

U8 Wallabies – Coach: Darren Carter

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.



& Tony for helping out at training and to Turia for refereeing. - Ian Donald

The U9 Hammerheads had a slow start to the season. Comp regrading helped even up the matches and the team was reenergised. Under coach Ian Donald they found their feet and started to look like a team passing the ball and registering some runs on the board.

It has been great to see improvements in individual players. The back end of the season the team lost only a couple of games and earned some well-deserved victories. Thanks - Richard Ingham MV U9 Hammerheads

U9 Tiger Sharks – Coach: Austin Whitehead

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

U9 Zebra Sharks – Coach: Ben Munro

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.



We started with a group of players who mostly didn't know each other but brought their own strengths and weaknesses to the team. Mainly strengths as evidenced by them winning all their games in the Blue Division by playing some very good football. Each player utilised his key strong points, but the team as whole was not progressing to the next level as the games were being too easily won.

When the team was promoted to the Green Division the games, mood, focus and practice changed. Going from winning by double digits to now losing games was a big blow to the team but they understood that they had skills to learn and develop, as well as to learn to use more teamwork while playing. Towards the end of the season the games were much more competitive and the football being played was entertaining and great to watch.

Over the course of the season the boys have developed into a skilful set of players with big hearts, who have gelled into a good team who work together and support each other as one unit. They've also had fun and enjoyed themselves along the way. - John Scoon

U10 Redbacks – Coach: Calum Nolan

The U10 Redbacks started the season all guns blazing, with some fantastic wins straight off the bat. Six weeks into the season and after being moved up a grade, the remainder of the season became a lot more challenging.

With some diligent coaching and skills training, the boys & girl showed individual improvement and great team commitment. Overall the team had a lot of fun at training and met some great new friends.

A big thank you to big brother and Coach Calum who, for such a young man, shows such maturity and patience already. To all the U10 players and families, thanks for a great season and see you all next year. - Manager : Kerina Simon

Under 10s

U10 Scorpions – Coach: Tony Varano/Steven Black

2016 saw the best that Manly Vale has to offer at U10 level take on the Northern Beaches with great success. Building from 2015, some significant player departures to Manly United meant opportunities for some new players, and an increase in representation for the girls. Tahlia O'Brien and Jasmine Black proved formidable components of the squad, bringing pace, physicality, and pony tails to the coach's arsenal.

Once again, all players were required to prove themselves in multiple positions, including goalkeeper, to learn the intricacies of defending and attacking, playing centrally and playing wide. Nonetheless, clear preferences emerged for some with Nicholas Varano outstanding between the sticks, particularly in the latter part of the season, and Jamie Phillips' pace making him a constant goal scoring threat and a bolt-on for the No.9 shirt. Training was heavily focused on possession based football, with the infamous "passing square" being ingrained into the players psyche, and phrases including "get rid of it" and "clear it" being banned from the players' - and fans' - lexicon.

Lolly snakes provided some incentives again in 2016, but there is no doubt that drive and self-determination grew manifestly throughout the year. Individual player development continued at great pace, with Toby Lewis and Charlie Kanu in particular putting in some remarkable performances towards the end of the season to the delight of their coach.

Player's technicals are always something the manager watches closely and Joel Cunynghame's domination of the juggling drill in training and great close control on a Saturday bode well for his future. Truth Nathanael and Anthony Medak owned the middle of the park and central defence, giving the team great consistency and a rock solid spine, allowing Jack Polin and Oscar McFarland freedom to showcase their attacking threat and ability to beat their opposition marker.

The final 5 games of the season took place in the Champions' League grouping, where the margin between winning and losing is razor thin. After a slow start, the squad re-grouped, taking their game to the next level, and showcasing the hard-working, high spirited squad that they had become. Well done to all the players for a great season, to Clayton Cunynghame for superb organisation, and to the parents, families and friends for their great support for the kids

U10 Huntsmen – Coach: Bernd Krause

Wow what a year...



U10 Wolf Spiders – Coach: John Donnell

After a great start to the year where the Wolfspiders won their first 3 games convincingly, the boys were promoted to a higher division.

With 3 new players in the team it was always going to be tougher coming up against teams that were originally graded into the top division.

To their credit the boys kept turning up each week with enthusiasm and genuinely enjoyed their season.

Joseph - dazzling with his one on one moves



Adam - good player in defence and attack
 Campbell - several contenders for save of the year
 Bodie - the enforcer
 Joel - always looking for the killer pass
 Ollie - seems to have 8 legs when tackling
 Dan - great positional play
 Jonesy - wind him up and watch him fly
 Kye - saved us over and over again in defence
 Jonah - huge improvement this year
 Tom - Awesome enthusiasm all over the park
 See you next year! Coach - John Donnell Manager - Chris Yates

Under 11s

U11/1 Vikings – Coach: Joe Pascuzzo/Derrick Johnston

The Under 11 Vikings had a fantastic season and will definitely be up there with the top teams next year when they finally get to record points and play semis and finals.

Most of the boys have decided where they play best and know the various attacking and defending positions. They play great football together and get along well, a happy little team. Most of them also did the Manly Vale Hornets training this year which has definitely improved their skills and strategy.

Joe Pascuzzo was Head Coach and together with Derrick Johnston they have taught them so much and been fabulous role models for the boys.

We are looking forward to 2017. - Manager: Katie Harper

U11/3 Hawks – Coach: Paul Levingstone

I had the privilege of coaching the under 11 Hawks for the 2016 soccer season. We had 11 very enthusiastic boys in our squad many of whom didn't know each other before the season started, but who all got on very well and soon formed a fantastic team spirit.

My main focus as coach early in the season was to get the boys to form a good shape on the pitch, to try and keep possession through simple passing and moving off the ball and to keep our shape when we lost the ball so that we didn't concede too many chances to the opposition. I also tried to get all of the boys to play in various positions on the pitch, they all had at least one turn as goalkeeper, they all played in attacking positions and in defensive positions.

I can honestly say that what the boys achieved on the pitch this season was far more than I could've hoped for. At times during the season some of the football they played was outstanding, they passed the ball around brilliantly and scored a lot of good team goals and provided us spectators with some thrilling soccer.

The mighty Hawks won an incredible 13 out of 18 games that we played throughout this campaign. Another thing that was really pleasing for me was that this was a team effort, every player gave 100% and made a big contribution, and everyone scored at least once.

I was assisted by a fantastic manager, Michael Atkinson this season and also had some great help from the other parents who took turns with refereeing and doing canteen duties etc.

I really enjoyed coaching this team as they are a fantastic group of boys, who did themselves and the club proud throughout the whole season. Looking forward to 2017... - Paul Levingstone (coach)

U11/4 Avalanche – Coach: Allan Gibson/Paul O'Callaghan

We have had a great season. The team played well together and consistently improved over the season. The combination of two coaches worked well. This ensured continuity when one of the coaches was away or unavailable.

We were fortunate to have two parents in our team who were able to referee, as otherwise this would have been an issue for us. We appreciated the option of being able to hire volunteers to fill shifts in the Canteen. It would be good to have this as a more formal option for referees. - Manager: Danielle Manion

U11/5 Fury – Coach: Tom Walmsley

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

Juniors

U12/1 – Coach: Jo Greco/ David Greco

A year of firsts for these boys... First time on the big pitch, first time playing 11 a-side, in the top division in their age group and with first time coaches, I think the boys had a fantastic season!

The boys came with a great attitude from day one, with good numbers at training every week, always willing to learn and most importantly supporting each other and having fun. The boys were more than competitive throughout the year, really holding their own against their more fancied opponents. They really worked hard for each other throughout the season, were open to getting exposure in playing different positions, and always turned up with a smile and positive attitude.

We scored some fantastic individual and team goals this



season. Our leading goal scorer was captain and creative midfielder, Sam Collins. At the other end of the pitch, some of the best keepers in the league, with Noah Smith and Will Burton, making us hard to beat. They were supported with strong defending by Alexey Beale, Elliot Rowe and Jacob Nweke. Pace to burn and some great crosses by Owen Guard, fancy footwork by Indra Adnyana and Dylan Phillips, and holding our midfield together with great shape and awareness was Sam Davies. Working hard up front, putting pressure on defenders were Rory Atherton and Hoyoung Lee.

A special mention to all the boys and girls who helped out when we were short on numbers, from the 11/1's, 11/3's, 12/4's and 12/1 girls. The performance of the boys was always equally matched by the positive encouragement and support on the



sideline from parents and families, none more so than our super-manager, Ann Collins!

Throughout the season we had a couple of great wins, some nail biting draws and a few heartbreaking last minute loses. But all in all, a very positive and competitive season in the top division. - Jo and Dave Greco

U12/4 – Coach: Paul Gunning

Twelve of last year's Kookaburras returned again this season and were joined by three new players to give us a squad of fifteen. The first season on a full size pitch was going to be a challenge initially and we started slowly, losing our first four games, conceding 13 goals in the process. However, the players continued to practice hard each week at training and we saw results turn our way.

In the next 12 games, we lost just one game whilst winning 9 and drawing 2. This included a win against St Augustines who only lost two games all season. This amazing run was built on a strong defence. After conceding 13 goals in those first four games, we conceded only 9 in those 12 games. The team started scoring more and combined with the 'mean defence' saw the Kookaburras take the U14/4B title.

Finals football was another new experience for the team and we were taken to extra time in our semi-final against local rivals Manly Allambie. It was a gutsy fight back after conceding an early goal and we finished the stronger side and deserved to go through to a Grand Final at our first attempt.

The GF was another tight game against an improving BTH side with both teams having just a few chances to score. Our defence was again very strong with the honours being shared. We have the Division Champs and KO winners medals to remember a successful and very enjoyable season by.

The 12/4 Kookaburras are (in no particular order including goals scored):

- Kurt
- Joshua (6)
- Katia
- Lucia (2)
- Lotti (1)
- Charley-Rose (2)
- Mackenzie (2)
- Ryan
- Freya (3)
- Aaron
- Zane (3)
- Elijah (2)
- River (5)
- Tom (1)
- Ezekiel

I must thank Sean for again for being a great team manager and to all the families who supported the team from the sidelines each and every week.

This is the third year that I've coached the team and they are a great bunch of children who are a joy to coach. They play with smiles on their faces because they enjoy playing football regardless of the score.



The Kookaburras thoroughly deserve the success they had this year and I sincerely hope they all turn up again next season. If they do, I'm sure it will be with the same enthusiasm and the same smiles on their faces.

U13/3 – Coach: Louie Dinan

" Promoted prematurely" into Division 3 it was always going to be a difficult season. The best lessons are often learnt in defeat and the Gunners should be commended for remaining competitive right down to the final game against the league leaders. Demonstrating an understanding of FFA game training phase should hold them in good stead for the 2017 season which they are talking about already.

Louie Dinan - Coach



U14/1 – Coach: Michael Sestanovich/Neil Blundell

This year we welcomed two new players, Noah and Tom, with the rest of team re-joining from last year. The 8.30 starts took their toll at the beginning of the season with a few losses but the team soon got used to the sound of the Saturday alarm and strung together a lovely series of wins.

The end of the season saw a tight tussle between three teams for 3rd and 4th place, with a few nail biting games and last minute goals seeing us make it into third place. Sadly we lost our semi in the last 90 seconds of the game when Collaroy scored a second goal. However we will be back stronger than ever next year when we hope to contest that final!

The team also played well in the State Cup, where we were knocked out in round 3 in a rain-soaked match against eventual runners-up Connells Point Rovers.

As always, special thanks to our coaches Neil and Michael who gave up their evenings twice a week to share their football expertise with our kids. Your time, effort and patience are much appreciated.

Players: Angus Freeman, Baxter Van Vogt, Benny Newson, Daniel Easy, Daniel Rowe, Daniel Sestanovich, James Waddington, Joshua Hooper, Lucas Harper, Mia Waddington, Noah Martin, Riley Butler, Sam Simpson, Tom Ellis, Yuki Tokimoto

U14/2A – Coaches: Steven Callow/Bryan Erskine

Having been picked as a second team in the Division 2, it was always going to be a tough year. What resulted was nothing more than the most exhilarating and joyful experience possible. It was clear after a heavy defeat in the first game that size,

strength and speed were going to be against us, but teamwork, a willingness to learn and grow and an enormous amount of courage and determination would see great improvements.

The team could have been forgiven if they gave up after a series of unfortunate events meant that the team could rarely field a reserve in the first half of the season. The first



round of games was very tough before they managed a run of 4 wins in a row. What happened was they gelled together as a coherent group. The little guys in midfield outmuscled the men-mountains from Mosman. The defensive line covered and jostled the lightning quick attackers of Brookvale. The goal keepers (we were lucky to have 2 outstanding keepers) constantly repelled the blistering shots from Collaroy. The forwards buzzed and chipped away at the solid Wakehurst defence creating chances from nowhere. And we played the beautiful game beautifully.

Against these top four teams, the 2B squad managed to draw one, lose one only in the last minute, and one by a solitary, lucky, scrambled goal. All the time they showed absolute class and continued to play football- not just kick and chase- passing and moving for each other. The quality of the passing and the moves was actually, physically, applauded by the opposition, who would comment on two things: one, that we played some of the nicest football in the competition and, two, the boys and girls in the team were a delight to play because of their sportsmanship, desire, quality and general manner.

Finishing in the second half of the ladder for some would be disappointing, but this team are happy with their performance and finished at the top of the second half. All the parents are proud of the players and the players should feel a sense of pride in their efforts. A good year was had by a great team!

U14/2B – Coaches: Steve Callow/Aris Arissian

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

U16/2 – Coach: Scott White

Our 16/2 boys hit the field this season with a similar team to last year that won the 15/2 comp, coach Scotty White took over the reins from the King boys & was looking for a good start to the season, again we started slowly losing our first couple of games, we went on a run winning 4 of the next 6 to be in the top 4, we then got a touch up by Saints & lost a close game against Mosman who were undefeated at the time & ended up missing out on the top half of the draw when the comp split.

That seemed to fire the boys up winning the next 4 in good style before losing to Avalon in a poor display.

Semi Final time at Melwood & we were up against our old enemy Saints, we led 1 nil at half time only for Saints to score early in 2nd half to level up & that's where it finished, "Golden Goal extra time" & in a flash our skipper Pat made a break only to do his calf in the process, while he was crawling off the field our striker Dan got a lovely through ball from midfield & hammered away the winner to the



excitement of the Manly Vale crowd, jubilation for Vale & heartbreak for Saints, I felt sorry for Saints for about 3 seconds!!

Grand Final time at Cromer park, the boys have done this before only this time we have Manly Allambie to contend with, we gave them a touch up a month or so ago, Scotty knows this means nothing & lets the boys know this before kick off!

Unfortunately the big one wasn't our day, conceding 2 penalty's & having a player sent off wasn't in our game plan, the boys toughed the game out until the final whistle, although it was a disappointing end it was still an excellent season for the boys, thanks to all the parents for their support & great work from coach Scotty, bring on U/18/s next season, most of the team can play this for 3 yrs. - Dave Mace Manager

Junior Womens



W8 Leopards – Coach: Nathan Lo

The Manly Vale U8 Leopards had a very strong season, losing only 1 game, drawing about 3, and winning the remainder of the 15 or so that they played. They won their pool on Gala Day after a tough final game with the highest placed team in the group. The team contained a mix of girls who had never played before, as well as some who had played previously.

It was fantastic to see how each of the girls improved throughout the season, and how they progressively learnt to pass the ball to each other. The girls who hadn't played before really benefited from playing with and learning from the more experienced players. By the end of the season almost all of the girls had scored goals, and there were some particularly elegant goals set up by crosses by the more advanced players.

Each of the girls had an almost perfect attendance record at training and games, and I think this was part of the reason they did so well. They all had turns in goal and playing defence. They all got along really well and it was a tear-free season.

They were an absolute pleasure to coach and manage. Thanks to a great bunch of parents and family members we had a great time this season. – Hayley Fenn Manager

W8 Mermaids – Coach: Greg Riches

The girls had a great year and loved the opportunity to play in the all-girls Sunday competition. I am sure that all teams will agree that this was a great move for girl's football. Not only did the girl's skill level increase dramatically throughout the year, but also their confidence and enjoyment of the game which was definitely assisted by the all-girls competition.

Overall the Under 8 Mermaids enjoyed their season immensely and the highlight for the girls was winning their pool of the Manly Warringah Gala Day and proudly accepting their trophies.



The future for girls soccer looks bright for Manly Vale in this age group with great camaraderie amongst all the girls teams. We look forward to 2017!

Coach: Greg Riches Manager: Kylie Riches

W8 Wombats – Coaches: Olivier Caille

It's been a great year for the Wombats, with twice as many wins as losses. Everyone has improved. We have learned the basics about the various positions on the field and are becoming quite good at passing the ball around. We have strived for equal playing time for all in all the positions.

There were a few cracking goals including a couple of last minute winners. More importantly the girls have always tried their best and kept trying even when we were 1,2 or 3 goals down or after being hit in the face by the football on a very cold morning...

Two of our players are playing for the first time this year: one of them has scored her first goal and the other one is one of our best goalies. So far 5 different players have scored a total of 28 goals in 15 games. Olivier Caille - Wombats Coach

W9 Penguins – Coach: Olivia Lefers

This season was great for the penguins. We really enjoyed being part of the girl's competition. With the girls comp this year, the teams seemed to be very even, especially after the comp was split.

One of the problems we have noticed is the refs. Some know the rules very well, whereas, others I have had to bring them out to argue about the rules. It is very frustrating as a coach to make sure the game is played fairly.

The changes each year with the rules confuses everyone, especially when they are not FIFA rules. To correct this issue, I feel like the club could use paid refs, especially for U10 and up. To do this I would suggest everyone paying \$20 more in fees, and then letting teenage refs get experience. This would eliminate arguments, and also allow parents to enjoy the game instead of refereeing the game.

Thank you for another great season! We love being part of the club. Go Manly Vale. - Olivia Lefers, Coach of the W U9 Penguins

W9 Meerkats – Coach: Cherie Briggs

The (Mighty) W9 Meerkats have come a long way this season under the helm of our amazing coach, Cherie Briggs. The team first came together last year and during that season were just finding their feet as most players hadn't played football before.

This season was a different story. They discovered scoring goals and worked out they really liked it! ... and were actually pretty good at it too.

Most importantly a lot of fun was had and friendships made – and a few disappointed Meerkats that the season is now over... until next year!



W9 Reef Sharks – Coach: Isabella Mckenzie

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

W10 Devils – Coach: Marilinda Winter

What an honour it has been to coach the super fabulous W10 Devils (affectionately named the Dancing Devils).



It was the first year of football for most of the girls and they enthusiastically learned about spreading out and playing in a diamond shape. A magnificent effort was put in by Hannah, Caitlan and Emily.F for volunteering to play in goals.

Each week we had an impressive show of skill and determination in defence by Marina, Emily.I, Willow and Caitlan. I was fortunate to have versatile players in Pip, Rose and Eva who successfully slotted into defence, mid and striker. Amazing understanding of the game was displayed by the consistent skills of Zoe and Sienna. Furthermore, a huge congratulations to our Golden Boot of the year Samantha who scored an incredible 41 goals in the season.

The Devils successful year would not have been possible without the teams amazing and caring Manager, Carla McCully. Finally, thank you to Scott and Nathan for stepping up as referees and to all the parents for their continued support and sideline cheering.

The Devils success finishing in the top group of 6 teams out of 24 girls teams is an incredible achievement. Bring on 2017!!! - Marilinda Winter (Coach)



W10 Echidnas – Coach: Sophie FitzGerald/Lucy Hodges

The Team: Tilly, Anu, Jazz, Emma, Sarah, Taylor, Sienna, Lucy, Keira, Hannah, Esther, Cleo, Lauryn

This year Sophie and I have had the pleasure of coaching the womens Under 10 Echidnas again. Although four of the girls from last year stayed down for another year, we essentially had a fresh group of girls to get to know! So a new bunch of girls yes BUT they certainly did not disappoint. They had a fantastic season and it was thrilling to watch them grow individually and therefore progress well as a team.

I think there were a couple of highlight games where despite the girls losing, they played out of their skins and did everything that was asked of them to produce some quality football and that, at the end of the day is all a coach can ask for. Soph and I are proud of you all and are looking forward to another great season next year in the Under 11s. Bring it on and NO injuries please!! **Coaches:** Sophie Fitz-Gerald and Lucy Hodges, **Manager:** Melinda Erskine

W11/1 Dolphins – Coach: Douglas Schaafsma

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

W11/3 Emeralds – Coach: Sophia Bartholomew/Rosie Craker



The Emeralds W11 had a fun season. They started out strong but fell away the second half of the year. Throughout the season the team as a whole have worked extremely well together and have developed some strong friendships along the way and was great for building a cohesive team.

In the team 3 of the girls attended the development program on a Tuesday night and thoroughly enjoyed it and would do their best to implement what they had learnt at the development training and also the training the coaches provided each week.

The girls were Jesse Heriot, Olivia Gwynne and Tahlia Thornberry.

Personally I think next year the girls would benefit from working on their back line defence and striking when in the goal area.

Message from the coaches: "We would like to say that the girls have been an absolute delight to coach this season and we have been so privileged to have gotten to know the girls so well and assist them in learning and developing their football skills and to become the best players they can be." Regards Sophia and Rosie

W12/1 – Coach: Surrey & Lucy Hodges

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

W12/2 – Coach: Steve Inkster

2016 saw the W12/2s once again played together for the 6th season in a row and all 15 girls thoroughly enjoyed themselves. Their skill level and positional play improved immensely once again and they worked together exceptionally as a team. Their never-say-die attitude and fantastic enthusiasm saw them achieve some great results and deliver some exciting games to watch for our enthusiastic and supportive parents on the sidelines.

We were so close to the semis and ended the season in 5th position on the ladder which was a great result. Well done to Olivia, Mali, Zara, Indigo, Bella, Katia, Ashleigh, Bryn, Dahlai, Lara, Mackenzie, Holly, Kate, Milla and Tasma.

Coach Steve Inkster did a great job for the 6th year in a row and the girls are very grateful for all his help. As he has announced his retirement, we would like to say a big thank you for his hard work and support over the years. A big thank you also to Alina Inkster for her superb work on the sidelines as well.

Melissa Lovell – Manager - Steve Inkster – Coach

W13/1A – Coach: Isabella Altenburger/Gemma Walmsley

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

W13/1B – Coach: David Mitchell

We played, we had fun and we won a few games. What more can you ask for?

Whilst season 2016 didn't yield great results on the scoreboard it was still a success. The girls settled into their positions and started to embrace the finer points of the game. Moving the ball around and passing to position. Oh, and the opportunity to run, run, run (for those who enjoy that side of the game).

A special mention goes to the goalies, especially Sophie F and Amelie. Without their efforts it could have been a long winter.

A great indicator of a team that enjoys playing together is that they return year after year irrespective of the results. Our team has that spirit. Bring on next year! Cheers - David Mitchell Coach

W13/2 – Coach: Roderic Fennell

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

W14/2 – Coach: John Russo

This group of girls should be extremely proud of their achievements considering that on the eve of their first game of the season they only had 9 registered players, no official coach and only 4 girls that had actually played the 'World Game' before.

By the end of the season, we had 10 registered players and a coach and managed to win 4 and draw 2 games – a great effort considering we played many of our games with 10 players or less.

The proudest moment was watching the girls play their last game of the season at Avalon (with only 8 players and no real outcome to play for). To a player they all committed to ending the season with a bang, played with spirit, passion and real heart. We ended up losing 2-0 (we actually missed a penalty to make it 2-1) but there was no doubt in any of the supporter's minds that day (including the Avalon crew) that these bunch of girls were the real winners – on the day and throughout the season.

The year ended with me proudly addressing a group of girls (many of whom did not know each other at the start) that had become great teammates and great friends – with each and every one of them developing as better players, but also as better people

Sincere thanks go out to the under 13 girls and their coaches and managers for all your support throughout the year – without which we could not have survived as a team. It's great to see that Manly Vale spirit of support.

To the girls – congratulations on a great year. Your relentless commitment to each other and never give up attitude has won the hearts and admiration of a lot of opposition coaches and supporters throughout the year. I am extremely proud to say I coached you this year. Well done girls. -John Russo Coach

W15/1A – Coach: Nigel Wickham

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season



W15/1B – Coach: Ian Donald

The Falcons had a solid season in their second year in division one improving on their performance last year. Olivia Wood & Zoe Pearson joined the team this year and their skills and personalities made them a welcome addition to the Falcons family.

Appreciation to Katie Smart, Niamh Burgess and Sienna Balharrie who often volunteered as reluctant goalkeepers. Sienna, Niamh and Katie also played strongly through the season in midfield with Olivia, Emily Rhodes, Gemma Bartholemew and Alysha Ibaburu who unfortunately suffered a knee injury mid-season.

Our defence worked tirelessly with Ivana Covic, Leanna Arissian, Ellie Morton, Ella Henzie, Charli Beatham and Zoe all contributing strongly. Ailie Donald bamboozled many

Women's Premier League 2016



opposition defenders with her wing play and Chloe Tyrrell used her pace to great advantage on many attacking raids. It is a pleasure coaching such a wonderful group of enthusiastic young ladies and I hope you all return again for another season of the beautiful game.

Thank you to Ross Balharrie & Jerry Beatham for managing the team and to Col Langford, Ivan Covic, Jerry & Ross for helping out at training.

Ian Donald - Coach Wu15/1B Falcons

Womens

W18/1A – Coach: Natalie Tuivaga/Sarah Moyer

La force des femmes - This is the second year since formation from two long standing teams in U16's and the addition of two new players along the way. With strong coaching and mentoring from Natalie (tui) Tuivaga and Sarah Moyer the girls have grown in collective skill, maturity and gamesmanship.

The collective strength of our team is summarised in the 2016 match performance. Of the 15 games played, we won 12 and drew 1. The 58 goals scored were distributed amongst 9 players. Our defensive record is the best in the competition with only 10 goals conceded (less than one per game). In addition, we competed for the second successive year in NSW Cup.

However, by far and away the most important attribute of our team is our mutual sense of respect, sportsmanship and loyalty among players.

Even with the competing demands of HSC for most members next year we will be back better and stronger in 2017.

2016 W-U18 Div 1 Manly Vale A.

Antonia ARONIS

Sophia BARTHOLOMEW (captain)

Rowena CRAKER

Eve GIBSON

Monique GOMEZ

Olivia HAMILTON

Jordyn LAWTON

Imogen McINTOSH

Isabella MCKENZIE

Alexandra NORRIS

Emily SIMPSON

Mia THOMPSON

Brooke WATERHOUSE

Tully WHITE

Alex WILSON

Natalie (tui) TUIVAGA (coach), Sarah MOYER

(coach) Kim NORRIS (manager) Jon MCKENZIE (manager)

W18/1B – Coach: Roland Winter

This was the second season for the girls in the U18s, after starting out in Division 2 last season. They moved up to Division 1 and performed extremely well in the 11 team competition. We finished 4th in the League (Major Championship) and Won the Grand Final (Minor Championship).

We collected 30 competition points (W: 9 – D: 3 – L: 2 – Forfeit: 1), conceded 27 goals and scored 74 goals in 15 matches. Many of the girls regularly helped out in the WPL grade competition during the season and gave a great account of themselves.

Congratulations to all the girls who scored goals and provided assists this season. We averaged nearly 5 goals a game! In the Grand Final on Sunday 28/08/16, we beat 3rd place getters Avalon 1 – 0, after we overcame league champions Beacon Hill 3-2 the week before in the semi-final. Thank you to EVERY player in the team of 2016:

Billie (c), Brianna, Nell, Rachael, Matilda, Marnie, Isabela, Charlotte, Clair, Mia, Emily, Ella, Alex



We have a terrific group of girls who get along very well both on and off the field. I'm really proud of all our players. Thank you very much to our assistant coach Keith. Thank you also to all our loyal supporters and players from the U15s who helped us out during the season!

It's been a very enjoyable season. See you in 2017! - Yours in the World Game, Roland Winter Coach

W18/3A – Coach: Michael Sestanovich

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.



W18/3B – Coach: Helen Fry

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

W Premier & Premier Res A – Coach: Tony Bruzzano

WPL A	P	W	D	L	F	A	Pts	Pos
Resbies:	18	7	1	10	20	36	22	5 th
Firsts:	18	8	3	7	31	18	27	4 th

Semi Final v Beacon Hill... 3-2 win

Grand Final v Brookvale... 0-1 loss

Another season has flown by, as the goal posts come down, and the cricket stumps take possession of DT. What a year! Congrats to all the girls, for such an awesome effort on the field! Our RESSIES just missed out on the top 4, whilst our FIRSTS managed to sneak into 4th, and onto another Grand Final appearance. For a 3rd consecutive season, we lost the GF to Brookvale.

New players to the squad, mixed in with a few returning members, as well as regular playing of some of the u18A girls, made our season a fun year! We not only welcomed new playing members to the squad, but also some new additions to our "Football Family"! Amanda & Roger introduced Isabella; Anna & Kane introduced Viivi; Vanja & Callum introduced Mila; Ali & Shane broke the run of girls with Riley! So, including Philippa's and Josh's Saxon, and Ez's & Jono's Charlie and Joel, our past few seasons might not have produced any championship or grand final medals, but we have produced some future champion stars, and hopefully, the family continues to grow!!!

On the field, I pay a massive tribute to all that gave us great commitment. LAUREN SCARAMUZZA had a great season as

goalkeeper, and was nominated at the MWFA awards night, for WPL Goalkeeper of the year! For all that LUCY HODGES does at the Club, she was nominated as a Club person of the year! SARAH MOYER(4th) and JULES WAUGH(7th), polled well in the Player of the year category! Whilst GEMMA WALMSLEY won WPL Rookie of the year! Each of the squad members, nominated in the list below, deserves a special mention, but time and space won't allow for too many more comments.

Thank you, to all our supporters, parents, husbands, boyfriends, & partners, for amazing support and understanding! Thank you to our Club members also, who came along and made plenty of encouraging noise at the WPL Final, it was appreciated, and well received! Thank you to MALOUF'S PHARMACY (GEORGE & Family) & to SEAFORTH PHYSIO (ROBBIE, BRITTANY & Co), for awesome sponsorship, that have brought the Club forward, thanks to their professional services! Big thanks also, to our super photographer & resident historian GRAEME BOLTON, for capturing countless memories through the lens of his camera! Thanks Peter Yeomans for assistance, and to CONNIE GRECO, for management assistance!

Finally, as the dust settles over our beloved DT, so too, the concept of entering two teams in the WPL competition! With the merging of both WPL squads, I look forward to a new era of WPL, and the bringing together of our two talented squads, including playing members, coaching and management!

Enjoy preso night, and the summer break, and I look forward to seeing you all return next year.

JO GRECO, AMANDA THOMPSON, SARAH MOYER, VANJA TCHERNEVA, ANNA JAMISON, MEL CLANCY, JULES WAUGH, CLAIRE JUANDA, GRETA LIELL-COCK, GEMMA WALMSLEY, SOPHIE FITZGERALD, LUCY HODGES, CASSIE DAVIES, GRACE TYERMAN, LAUREN SCARAMUZZA, BROOKE HAMMOND, ALISON HOY, GEMMA SAMMUT, HANNAH JOYNER, TREVA PATTERSON, PHOEBE COOK, ALICE HOWIE, MON SHEEHAN, KRISTA POWELL, CALLY DUNCAN, KAT LLOYD, NATALIE TUIVAGA, ALANA WALLIS, JACQULYN LAMB, ELIZA SCHUBERT.
Tony Bruzzano



Premier & Premier Res B – Coach: Roland Winter

The Manly Vale FC ladies long-known as the ‘Soccer PSYCHOS’ had a very tough season in 2016, mainly due to lack of players (people away, injuries). Not a week went by where we had more than 22 players for both matches. It was usually b/w 13 – 16. Despite this, both grades were reasonably competitive in their respective leagues. The 7 team WPL league this season was very strong.

In March 2016, some of the girls won the ‘B’ Grade (minor) 6-a-side Final in the Forster Viking Challenge. This was a great pre-season run, in a State Wide tournament the ladies have been participating in since 2003.

In the State Cup, we made the top 8. Thank you to EVERY player in the squad of 2016:

Sammy (Captain – PL), Mel (Captain – RESI), Liz, Katie, Caroline, Maddy, Claire, Charlotte, Erica, Bonny, Savannah, Fiona, Gaby, Florencia, Giselle, Laura, Ceri, Camellia, Julie, Cristina, Amy, Hayley, Laragh, Melissa, Willow

A big thanks to our goal keeper Katie who played at two matches every Sunday, a huge effort! Roland was on the short list for MWFA WPL Coach of the Year, after being voted WPL Coach of the Year in 2013. We have a great group of ladies who get along very well. I'm very proud of all our players, particularly those who played two matches every week.

Thank you to our assistant coach Keith and to all our loyal supporters who watched us week in and week out. Next season there will be only one WPL squad from MVFC, with the merging of the

‘A’ and ‘B’ teams. Yours in the World Game, Roland Winter Coach August 2016

WAL/2 – Coach: Orazio Alessi

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

WAL/3 – Coaches: Tom



Dolan/Joe Earl

A number of our players from last year had moved on so we only had a core of 9 players from the previous year. We were fortunate though to pick up a number of excellent new team members after the first couple of weeks.

We struggled in the first 5 rounds with one draw and four losses as we came to grips with moving up to a higher division. We finally convinced our star striker from 2015, Holly Cooper, to sign up again and went on to win our next 4 games. We were then plagued by injury with Tayler, Ellie and Caitlin all breaking toes and we then struggled for numbers for the rest of the season.

Caitlin Walmsley had a great season despite breaking her toe half way through as did Laura Morton who improved immensely throughout the season. Nina Earl was back after a year off and had a great season. A special thanks to our core players Carissa, Gabrielle, Katie, Sarah, Katrina, Kavita, Mia and Vicki who played nearly every game

In the end we just missed out on the finals finishing fifth overall but it was an exciting season which challenged the girls and it was great to see them rise to the challenge of a higher division.

W35 /1A – Coach: Rob Da Silva

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

W35/1B – Coach: Hilary King

“It was the best of times, it was the worst of times...” pretty much sums up The Diamonds Women’s Over 35/1B team’s season. We started the season with a baptism of fire game being back in Div 1 and it certainly lived up to that!

The Diamonds welcomed 5 new players with open arms, Margie, Mel, Kate, Robyn and Lou, who fitted in the team like a well-worn pair of trackie daks – very easy and comfortable. The whole team never gave up when we had our “difficult” games, and always gave whole heart and soul while we were on the pitch.

Even though our match sheet looked like we could fill an Olympic Stadium with reserves, there were many many weeks when it resembled an audience at a new Madonna movie – bummer all!

A BIG THANK YOU to our new coach and Diamond Life Member – Hil, who took over the reigns and guided us each week. We all appreciated the time





you gave up with the training and were thrilled that you didn't need to reach for a hip flask at any time during the games (as tempting as it was!). To Jodie, our fantastic beer bitch, who looked after the masses on and off the pitch. Thank you Pip, our Captain for your words of wisdom and the introduction of meat raffles.

Thank you to all The Diamonds and our supporters for the season that has been. Not an easy one but we are a

team and that is what matters. A special award goes to Sofie with the best reason for not attending training due to the fact that she had to cook 30kgs of yabbies' and it was the truth!

A Community announcement too for anyone that likes wine. Please stock up now, as the team are going on the Wild Women of Football weekend away in September at the Hunter Valley. From all reports, the plan to drink the region dry! - Hugs"

W35/2 – Coach: Chris Tyrrell

It has been an absolute privilege coaching the Over 35 Women's Division 2 team this year, it has been a successful year on and off the field.

At the beginning of the 2016 Football season we welcomed some new players to our team, some of whom have years of experience and some who have never played before. As a result of this coming together, the team got off to a slow start and after 5 rounds found themselves alone at the bottom of the table. Although sitting at the bottom, the ladies and I sensed we were not in our rightful position, and once we found some combinations and our permanent playing positions, as a team we worked hard at training to find the back of the net, and we did exactly that.

Midway through the season we started to grind out some wins and stormed into the top 4. Our game was starting to take shape and true belief in our ability was realised when we were the first team to take points off the then competition leaders and an undefeated Narrabeen. The final 8 games saw us lose only once to Beacon Hill and as we always believed the team took out the minor premiership. This was a massive effort by all the players, our strikers were striking and our defenders were defending and the midfield, well they just kept running and everyone played their part no matter how large or small.

This team is a true team in every sense of the word, they are a bunch of great mates, although many have only just met. They scream encouragement on the field and off the field, I have it on good authority, they can socialise like no other. All of their hard work and sheer determination moulded a premiership winning team that found themselves playing a semi-final for a spot in the Grand Final against a determined Narrabeen. This game was real semi stuff, every player at 100%, every player giving 100% and Narrabeen repelling all we could throw at them, until a breakthrough team goal that in the end was enough to see us secure a spot in the GF.

Hopefully more positive news to follow and the fitting end to what has been a fantastic season. - Chris Tyrrell Coach

W35/3 – Coach: Michael Sestanovich

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

Men's Premier League & Res. – Coach: Bob Catlin

After a decade long absence, the Manly Vale men's PL squad had cracked the big time in 2015, participating in the final series for the first time since anyone can remember except veteran club man and Manly Vale Director of Football Ozzie Greco, finishing 3rd in the league and going down to eventual Premiers Pittwater in the semi-final. So expectations were high going into 2016 - unrealistically high perhaps.

The traditional November pre-pre-season training schedule was announced early, but with many of the squad recovering from an exhausting club marketing tour to Byron Bay in the off-season, and several players suffering resulting liver and nasal injuries, attendance was poor and the manager found himself having to read the riot act early doors, implementing his if-they-don't-turn-up-then-I'm-pissing-off approach which was to become a hall mark of the second part of the season.

Despite this, early activity in the January transfer window was robust, with several NPL cast-offs looking for new contracts in the lucrative Northern Beaches Premier League. Unfortunately for them, they showed up just in time to sign the new Stat-Dec's requiring testimony to amateur status and a new resolve to enforce the MWFA's player-points rules, before realising that to find a high value Italian contract now meant a trip to Curl Curl and AL1's football.

That was just a bridge too far for most, which left too many players scrapping for too few squad numbers, forcing manager Bobby Catlin to watch high value targets depart for competition clubs, despite intense lobbying of the MWFA.

Fortunately this new world of austerity meant that Catlin's true love - his owl-tattooed goal scoring meal ticket and part time boiler maker, Deputy Vice Captain Tyson Masters - was now effectively off the market for 2016, meaning the mighty maroons were looking like a genuine contender for the title. All that was required to commit the striker was advance agreement in writing that he would win the MWFA MVP for 2016. Catlin's penchant for pacey, muscular, stubbled, pony tailed pretty boys was also satiated with the arrival of Bray Smith, along with additional attacking midfield options in the form of Sam Ryder and the returning Daniel D'Souza. As well as the new-boys, the backbone of the 2015 remained unchanged, re-inforced by the return of Angus Kirkby and Taylor King who was keen to cement his first grade emergence in 2015. This was the strongest squad ever to grace the halcyon turf of David Thomas.

So it required some serious navel gazing when, half way



through the season, the Vale found themselves languishing in mid table mediocrity, after a promising start that included victories over last season's premiers and minor premiers in consecutive weeks. Tuesday night training was now optional for established first-graders and players were spending more time on the massage table on Thursdays than on the paddock. Unannounced cancellation of training and stinging Facebook admonishment proved ineffective. Despite a managerial edict, extended overseas holidays, week long buck's parties and ball-room dancing competitions in the middle of the season continued to be given priority over footballing attendance, with Lenny Jones not even bothering to come back at all. And where

Seniors

Men's Premier League 2016



were the damn reserve players, even though no-one gives a flying Donald Duck about reserves?

An emergency strategy session was called at Manly Vale bowlo where Catlin outlined his master plan to return to the Vale to winning ways, concluding that to finish 3rd in the league was the minimum required and that the way to do it was to play better and find a new goalkeeper. The suggestion by a breakaway faction of the squad that some additional variety in training might encourage greater attendance was crushed in its infancy. An obvious lack of respect for the elder players was shot down by the Gen Y faction. We would finish 3rd. End of story. Whispers that this was not the most insightful of footballing lessons went ignored, and the squad left the meeting ingrained with the message that this would prove to be a turning point in the Vale's season and showcase Catlin's powers of man management.

Training resumed and results continued to be inconsistent, with entertaining, direct, attacking football mixed with obvious defensive frailties all over the pitch. With 5 games to go, addressing the team after a thrashing by league leaders Narrabeen, the season was declared over, dead, beyond salvation, thanks to a squad that simply wasn't good enough. Phil Jones was too short and just plain shit; Dave Grecco couldn't shoot the lights out with a bazooka; Daniel D'Souza was addicted to Red Frogs; Mitch Marks couldn't score in a place of ill repute with unlimited funding; Neil Woodcock was the gobbyist mofo on the planet and was after Catlin's job big time; Jimmy Huskins thought that coming home at 5am on a Saturday morning was an early night; Bray Smith kept throwing the ball backwards instead of down the line; Sam Walling was moaning louder and more frequently than John Holmes ever did; Steve Black was older than God himself; there were still players who insisted on actually passing the ball to Phil Jones; and Chrissy Breeze had at least one hair out of place.

But - thence came the light at the end of the tunnel.

As news broke at Narrabeen Sports Park that other results that day had gone unexpectedly, Catlin re-appeared in the dressing room to revise his analysis and announce there was new hope. There were positives to be focused on. This was the first season that Tony Casling hadn't dismembered anyone from the opposition; Sam Ryder couldn't spell tackle but could craft spectacular goals from nothing; half the reserves might have chosen to retire mid-season, but Marty Barrett had run the half marathon, and Lauchie and Tim Nicholson has stopped dobbling on each other; our captain was still the most politically correct person on the planet; Steve McCormick wasn't around anymore; Jimmy Huskins wasn't in jail for assault and battery on the Manly Corso; Neil Woodcock had played more than 5 minutes in a row this season without getting injured; Jordan Collins had finally learned how to pass the ball; we still had the 2016 MVP-elect in the side; and maybe - just maybe - we could find a new goalkeeper before

But the nagging defensive frailties, the lingering inconsistency, the lack of that extra self-belief proved too much, as the Vale ended the season with a loss, finishing 4th in the League and meaning we would line up against Narrabeen in the semi-final. Despite the two world-class Narrabeen strikers doing their best to take each other out of the game in the first half of the semi with a nasty clash of heads, the Beannies proved a class above, going on to add the Premiership to their Minor Premiership.

The post season analysis is mixed. A second successive finals appearance is absolutely, without doubt, a credit to the manager and the squad, and the club should be immensely proud. But to think what could have been is painful. Congratulations go out to Tyson Masters for winning Golden Boot and, as agreed, Northern Beaches Premier League MVP. Special Mention goes to Neil Woodcock for his contribution as Deputy Vice Captain and Assistant to the Assistant Manager. A note of thanks goes to Seaforth Physio's who



single-handedly caused training attendance to increase by 30% over last season but on-field training participation to drop by 50%.

Thanks also to Graeme Bolton with a request that all future photos of Sam Walling be withheld, and to our kit sponsors BLK for their contribution to the Bobby Catlin retirement fund.

Bring on 2017!

U18/1 – Coach: Bryan Moore

The 18-1s had a tough season, as injuries and drop-outs left them short-handed for many games. Wins were scarce, but when they came, they were emphatic ... giving a glimpse of what might have been.

Mid-way through the season, with a top four finish looking unlikely, the boys got together and re-focussed their efforts on their end of season party. An innovative new fine system cost them all dearly but made sure the party is well funded.

The boys deserve credit for sticking together and making the best of a difficult season. While there were many notable contributions, astounding athletic feats, and moments of sheer idiocy – all deserving of mention – the only award noted here is to Harry, who wins the Olympic award for the most golds – although someone told me they were just yellows, and cards rather than medals. Anyway, a stellar effort Harry, bagging at least one every week!

Thanks to Bryan Moore for coaching. - Mike Bradley, Manager

U18/3A – Coach: Jarvis Zochling

The Under 18/3's A Boys had a fantastic and successful 2016, becoming the winners of the Grand Final for the second year in a row. Having most of the boys in Year 12 studying for their HSC, this was a substantial effort.

There was always a great team bond with the boys as almost all of them are at St.Paul's in Manly. This made it easy for to coach the boys at their games and training (sometimes);).

I would also like to take this time to thank Mel Snel our awesome team manager for keeping everything so organised during the year and Chris Snel for coaching the boys when I couldn't be there. You both were amazing for not only me, but for the boys enjoyment and success this year.



the end of the season.

The squad was galvanized, re-born, bigger, stronger, more energised. Manly Vale went on a run, striking fear into the hearts of the other teams, and so with one game to go, it was all to play for. The 2016 Minor Premiership was in reach for the mighty Vale. Victory against Dee Why in the final round and other results going our way would see MVFC lift the Premier's Plate. The traditional annual nude-run at DT was locked in, with the chasing pack of rabid 10 year-olds eager to witness the anticipated parade of the steroidally-enhanced and a short, hairy Greco.

Also, a big thank you to all the parents and friends who took the boys down and picked them up from every training, and for the incredible support at games. Thank you all again and bring on 2017. Under 18/3's A Coach – Jarvis Zochling

U18/3B – Coach: Ian Hales

The first season for the boys in u18's found them quickly settle into Division 3. A great season of football was to follow, the boys finished **Champions** having **won 16, drawn 1 and lost only 1** game across 18 home and away rounds. Scored 66 goals and only conceded 10.

Once again most of the boys returned for another season, having lost a few players we recruited 6 new players **Jared Lee, Dejan Denton, Gordon Dreyer, Umar Ali and Ben Stott** and **Alcasar Guedouard** made his return to the team.

Aaron Lambert once again had a great season in goal, always reliable and some outstanding goalkeeping. **Peter Ng and Murray Wright** again playing most of the season as our solid centre backs with **Will McClean** and new boy **Dejan Denton**, and returning **Alcasar** outstanding rotating as full backs.

Our midfield once again led by **Flynn Tully** and **Calum Nolan** another impressive season, were this season joined by **Ben Stott** who had a great first season with the team.

We had an extremely attacking midfield and forward line this season, new recruit **Jared Lee** finished top scorer with 17 goals, joined by **Braden Brown** (9), **Daniel Stern** (8), **Calum Nolan** (7), **Charlie Hales** (6), **Leon Halter** and **Flynn Tully** both 4 goals, **Gordon Dreyer** and **Umar Ali** both with 3 goals, **Murray Wright** (2), and **Ben Stott** (1) and we were helped out in a couple of games by **Patrick Macey** and **Dan D'Elmaine** (1) and **Charlie Burke** (1) from the u16's.

Once again a season full of very impressive personal and team performances. The boys went down 2-1 to 4th place Dee Why in the finals knock out competition on a very windy and dusty day at David Thomas. This certainly cannot take anything away from their overall season performance – a great effort boys and as always a pleasure to coach and watch the boys every week.

A big thank you to **Lucy McClean**, who spent much time making sure everyone knew where and when our games were, match card duties, orange and snakes roster and also coordinating canteen duties etc and as always a thank you to all the supporters, players family and friends who supported and encouraged the team throughout the season – always very much appreciated.

U18/4 – Coach: Neil Jary



Manly Vale U18/4s had five new players this season including four that hadn't played competitive football before. Their first season in U18s was always going to be tough as some of the teams that they would come up against consisted mainly of lads that were a year older and bigger than them. Seaside's in particular were a team of giants with one lad who was 6'3" and built like a second rower – they scored two headers against us. Generally speaking, it was those teams that we struggled against.

The team started really well and were top of the U18/4 league for the start of the season until it transpired that the teams we drew in the early rounds were the ones that would finish up at the bottom of the table. A few unlucky results and some strong competition in the league resulted in them finishing in 7th place and moving into the U18/4B division. We were 10 minutes away from finishing in the top half of the table, but gave away a late goal to draw against BTH.

The team retained the top spot in the B division throughout the second half of the season, winning 4 out of 5 fixtures. Hopes were

high for the finals as we drew Curl Curl in the semi, who we had comprehensively beaten twice during the regular season. That would have set-up a Grand Final with Beacon Hill A, who we had beaten 5-1 a few weeks before. However, we unexpectedly lost the semi 2-1 in atrocious conditions to a team of kick and rush



merchants having completely outplayed them for most of the match. We missed several clear chances and they converted 2 out of their only 3 chances. A bit disappointing, but that's knock-out football. Curl Curl then ended up winning the Grand Final with a similar physical style against Beacon Hill.

The team have done really well through the year with an average of 4 goals a game and a goal difference of 36. Player of the season was Brayden.

AL2 – Coach: Gavin Yates

This year we welcomed eight new faces whose collective strengths brought great optimism about the chances for the season. There was also a new managerial regime and training philosophy of “not as many lunges” implemented.

In hindsight a few more pre-season games (and lunges?) were probably needed to let the dust settle on the changes as we were a bit slow out of the blocks. Speed, or lack of it, became our Achilles heel in a number of games during the first half of the season where we conceded goals on the break after dominating the games for extended periods. However, a stirring win against our old nemesis Diggers in the last game of the first round saw us take some renewed confidence into the second half of the season.

An improved second round saw us go on a bit of “a run” of consecutive wins which sparked hope that we could sneak into the finals. Unfortunately, only managing three wins in the first round would ultimately prove too much to overcome.

Across the season the team displayed patches of brilliant football which was often credited by the opposition. None more so than Andy's goal at BTH which was one of the cleanest strikes you will ever see.... in our own net! Frustratingly, we were not able to convert the quality into more wins particularly against more youthful opposition.

Nonetheless, it was another enjoyable season and we look forward to (hopefully) doing it all again next year.

We'd also like to thank the AL2 Reserves team for their support during the season both at training and on match day. - Gavin Yates

AL2Res – Coaches: Nathan Sanderson

" The Pre-season started as friends trying to form a team. It was all about making a fun, dynamic, physical and social occasion that all of us could enjoy and look forward to, after different stints away from the game. After flailing numbers and scraping to get a full team, we were placed slightly higher than expected and landed in the reserve grade for AL2's.

Our Pre-Season training wasn't the strongest, but combining with the AL2's and forming a single squad helped to strengthen fitness and build a solid team moral. The Season started well, we had numerous evenly contested games, but just lacked the drive and skill to get enough goals.

Unfortunate injuries, saw us lose one of our star Columbian strikers early on, but not to be dis heartened or side tracked we pushed on, fought hard, drank plenty beer and had many laughs.

Injuries started to hinder our performance slightly and each week, seemed a challenge to just have enough players and reserves for a full squad. None the less the team held strong and by having a fun, relaxed and social atmosphere, we held our heads high after every game. Win or Lose.

Saturday afternoons became the focal point around all our weeks. This only helped build our team moral and made it a pleasure and anticipation to play.

By the end of the Season we were fighting, not to take the wooden spoon and finish dead last on the table. For our final match of the season against Manly Allambie (Arch Rivals), we clinched victory with a heroic performance finishing up 3-1. Helping to end our Season on a high.

It was a pleasure playing with Manly Vale again this season and I hope our team, can only build, on our (Errr.. half decent) performance and look to have another crack in a lower grade, for 2017. "

Nathan Sanderson - AL2 Reserves Manager



winner Narrabeen. Moral was high and we started to believe this division wasn't as hard as we thought!

The Second Round - We got off to a great start with another win, but obviously had peaked way to early, as we couldn't find another win in the second round, seeing us slide to 5th or 6th. The only highlight was a draw v Curl Curl A (a top quality side) which they only snatched in the last 5 minutes via a penalty. Low light was playing in the torrential rain on Narrabeen high school with 10 men, 3 of whom

were injured and losing 5 - 1.

The Third Round - Our performance did not improve, although we did manage a win against Narrabeen (who remained the top team). We struggled with the rain interruptions, fluctuating numbers and not having our goal keeper available for 2 or 3 games.

Final Position - 6th of 8, but also 15th in the association and proud of being the top MVFC over 35's team.

Special Mention to our Goal Keeper Vladimir Klisarov, who we voted MVP for the year and as such MVFC over 35's MVP. - **Ben Michell** Manager MVFC 35/35

Over 35/4A – Coach: Derek Brand

Team Manager – Derek Brand Coach – None (which might explain a lot)

They say the table doesn't lie, and we ended up last. But we beg to differ. Just about every team that had just beaten us said that we played great football and they couldn't understand why we weren't in the top four. We outplayed just about everyone – including the teams that made the finals.

The stats show that we simply didn't score enough goals. Stringing lots of passes together, and playing the beautiful game as it should be played, is no good if you don't slot the ball in the back of the net occasionally. We are clubbing together to buy Zlatan Ibrahimović when his United contract ends, but I have a feeling we might end up with Stiffy instead.

The other key factor in our poor showing was an ongoing lack of numbers. A squad of 17 seemed enough early on, but one player didn't show up for a single game, and a number of others were missing due to injury or extended holidays back in the Mother Country. This meant that on quite a few weekends we were down to 11 or less players – hard yards when the average age is over 45.

Talking of 45, we did sign a number of new players at the start of the season – all very solid and great players in their day but, like most of the old guard (and their WAGs), starting to show their age.

Despite the poor results, there were plenty of highlights, and



AL4 – Coach: Alistair Foggo

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

AL4 Res – Coach: Stuart Foggo

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

AL6 – Coach: Mitchell Forbes

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

Over 35/3 – Coach: Dave Hughes

Season 2016 was off to an interesting start when, having been advised that we were to be promoted for having finished second in Div 4 2015, we were then advised that we were to be promoted to Division 1, being the "top" 18 teams in the association!

Eventually it was decided that 10 teams would be in division 1 and 8 teams in "Division 3", with Division 1 to be split after one round, so Division 3 for us.

Personnel Changes - We welcomed Bill Gaw back to the team after a season (or two) of absence getting over his knee issues and also Jason Hillier.

We farewelled Martin Cowie to the Over 45's. We also lost Geoff Hunt to an injury in a trial game that has seen him decide to hang up the boots. A very sad result.

The First Round - We drew 3 or 4 times, but only lost once in the first round, and finished the first round (of three) equal top with eventual



we had a good laugh. Who can forget Mal sprinting 50 meters to wrestle the ball so that he could score the winner from the penalty spot (after missing the previous week). The badly miscued shot almost reached their keeper.

One of our new players, Mick, is showing great promise – as a rugby league player (just kidding, he had a great first season).



Carlo, our Italian centre half, was very solid and was a great find. Scotty Greuter and Pete Weatherston were outstanding all season in central midfield, with Pete just pipping Scotty for the President's Award.

We need to recruit a few younger guys next season. If we can, we should be back where we belong. If we can't, the slippery slope to the over 45's and Stiffy as centre forward beckons...

Over 35/4B – Coach: Dean Buckridge

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

Over 35/5 – Coach: Alastair Fysh

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

Over 45/2 – Coach: Neil Blundell

We got off to a good start this season, with the first game gifted to us against the run of play, and three wins out of the first four. Then the injury toll started mounting and we managed just two points from the following five games.

Three hard-fought wins to get us back on track saw us move into the top four, and a couple of close results saw us do just enough to keep the 4th place spot in the competition. A very close semi-final game saw us lose to a scrambled goal, to keep us out of the final again this year.

Congratulations to Davo for leading the team again this year (his goal was for us to reach the semis), and for his advance notice that he's looking for 18 new players for next season.



Pos	Team	P	W	D	L	Forf.	Byes	GF	GA	GD	p_adj.	PTS
Under 12/1B												
1	Curl Curl Youth Club	16	9	1	6	0	0	34	27	7	16	28
2	Narrabeen Football Club	16	7	2	7	0	0	34	31	3	11	23
3	St Augustines Football Club	16	6	1	9	0	0	18	29	-11	13	19
4	Pittwater RSL Football Club	16	3	1	12	0	0	10	53	-43	1	10
5	Manly Vale Football Club	16	2	3	11	0	0	12	47	-35	6	9
6	Brookvale Football Club	16	2	2	12	0	0	18	47	-29	5	8

Under 13/3A												
1	BTH Raiders Soccer Club	19	14	2	2	0	1	61	16	45	17	44
2	Mosman Football Club	19	13	2	4	0	1	84	31	53	17	41
3	Beacon Hill Football Club (A)	19	13	1	5	0	1	57	31	26	19	40
4	Wakehurst Football Club	18	10	3	5	0	1	50	28	22	17	33
5	St Augustines Football Club	18	9	2	7	0	1	34	19	15	20	29
6	Pittwater RSL Football Club	18	7	3	7	1	1	32	51	-19	11	24
7	Dee Why Football Club	18	7	2	9	0	1	27	37	-10	16	23
8	Beacon Hill Football Club (B)	19	5	3	2	0	1	23	53	-30	0	18
9	Narrabeen Football Club	18	4	1	13	0	1	23	56	-33	3	13
10	Collaroy Cromer Strikers FC	18	2	1	15	0	1	37	79	-42	3	7
11	Manly Vale Football Club	19	2	0	17	0	1	18	74	-56	3	6

Under 14/2												
1	Seaforth Football Club	18	14	1	3	0	0	58	14	44	0	43
2	Mosman Football Club (A)	18	12	4	1	1	0	79	21	58	0	40
3	Collaroy Cromer Strikers FC	18	13	1	4	0	0	63	15	48	0	40
4	Brookvale Football Club	18	12	1	5	0	0	92	28	64	0	37
5	Wakehurst Football Club	18	12	1	5	0	0	56	19	37	0	37
6	Manly Vale Football Club (A)	18	10	1	7	0	0	46	23	23	0	31
7	Manly Vale Football Club (B)	18	4	2	12	0	0	14	43	-29	0	14
8	Pittwater RSL Football Club	18	4	0	14	0	0	19	72	-53	0	12
9	Mosman Football Club (B)	18	2	0	16	0	0	12	118	-106	0	6
10	Curl Curl Youth Club	18	1	1	16	0	0	14	100	-86	0	4

Under 18/1												
1	Wakehurst Football Club	16	11	4	1	0	2	58	22	36	0	37
2	St Augustines Football Club	16	12	1	3	0	2	55	22	33	0	37
3	Narrabeen Football Club	16	10	2	4	0	2	55	28	27	0	32
4	Forest Killarney Football Club	16	8	2	6	0	2	34	29	5	0	26
5	Pittwater RSL Football Club	16	8	1	7	0	2	34	28	6	0	25
6	Beacon Hill Football Club	16	7	0	9	0	2	44	51	-7	0	21
7	Seaforth Football Club	16	3	3	10	0	2	24	38	-14	0	12
8	Manly Vale Football Club	16	3	3	10	0	2	23	55	-32	-1	11
9	Avalon Soccer Club	16	2	0	14	0	2	16	70	-54	0	6

Under 18/4B												
1	Manly Vale Football Club	16	9	3	4	0	0	64	28	36	18	30
2	Beacon Hill Football Club (A)	16	9	2	5	0	0	57	34	23	17	29
3	Pittwater RSL Football Club	16	7	2	7	0	0	48	39	9	11	23
4	Curl Curl Youth Club	16	5	2	9	0	0	38	42	-4	11	17
5	Avalon Soccer Club	16	1	1	14	0	0	33	130	-97	1	4
6	St Augustines Football Club (B)	16	1	0	10	5	0	19	109	-90	3	3

AL4												
1	Curl Curl Youth Club	18	12	4	2	0	0	56	26	30	-1	39
2	Mosman Football Club	18	11	6	1	0	0	40	12	28	0	39
3	Wakehurst Football Club	18	12	2	4	0	0	47	22	25	0	38
4	Pittwater RSL Football Club	18	9	3	6	0	0	45	30	15	0	30
5	Dee Why Football Club	18	9	2	7	0	0	60	40	20	0	29
6	Brookvale Football Club	18	9	3	6	0	0	43	31	12	-3	27
7	Harbord Seaside United FC	18	5	5	5	3	0	27	51	-24	0	20
8	Manly Vale Football Club	18	5	0	12	1	0	28	62	-34	0	15
9	Collaroy Cromer Strikers FC	18	2	2	14	0	0	17	42	-25	0	8
10	Forest Killarney Football Club	18	2	1	14	1	0	15	62	-47	0	7

AL2R												
1	Mosman Football Club	20	17	1	2	0	0	62	12	50	0	52
2	Curl Curl Youth Club	20	16	1	3	0	0	61	15	46	0	49
3	BTH Raiders Soccer Club	20	13	4	2	1	0	40	19	21	0	43
4	St Augustines Football Club	20	11	1	7	1	0	32	36	-4	0	34
5	Dee Why Football Club	20	8	4	7	1	0	44	47	-3	-1	27
6	Beacon Hill Football Club	20	8	2	10	0	0	34	32	2	0	26
7	Harbord Seaside United FC	20	6	7	7	0	0	29	32	-3	0	25
8	Forest Killarney Football Club	20	7	4	9	0	0	31	37	-6	0	25
9	Avalon Soccer Club	20	7	2	10	1	0	23	37	-14	0	23
10	Manly Vale Football Club	20	4	3	13	0	0	24	47	-23	0	15
11	Seaforth Football Club	20	2	5	12	1	0	25	49	-24	0	11
12	Manly Allambie United FC	20	2	4	13	1	0	20	62	-42	0	10

O35/3												
1	Narrabeen Football Club	19	13	1	5	0	0	64	24	40	0	40
2	Curl Curl Youth Club (A)	19	12	3	4	0	0	58	34	24	0	39
3	Curl Curl Youth Club (B)	19	10	3	6	0	0	55	33	22	0	33
4	Pittwater RSL Football Club (B)	19	9	3	7	0	0	39	38	1	0	30
5	Beacon Hill Football Club	19	7	5	6	1	0	36	39	-3	0	26
6	Manly Vale Football Club	19	6	5	8	0	0	30	37	-7	0	23
7	Pittwater RSL Football Club (A)	19	4	2	12	1	0	33	68	-35	0	14
8	Forest Killarney Football Club	19	2	4	11	2	0	23	65	-42	0	10

O35/5												
1	Seaforth Football Club (B)	18	15	1	2	0	0	75	30	45	-1	45
2	Narrabeen Football Club	18	14	0	4	0	0	77	22	55	0	42
3	Seaforth Football Club (A)	18	12	2	4	0	0	54	28	26	-3	35
4	Harbord Seaside United FC	18	10	4	4	0	0	49	25	24	0	34
5	Manly Allambie United FC	18	8	2	8	0	0	38	35	3	0	26
6	Manly Vale Football Club	18	7	3	8	0	0	42	41	1	0	24
7	Beacon Hill Football Club (B)	18	7	2	9	0	0	24	35	-11	0	23
8	Beacon Hill Football Club (A)	18	6	1	10	1	0	35	41	-6	0	19
9	Avalon Soccer Club	18	3	1	13	1	0	29	78	-49	-1	9
10	Collaroy Cromer Strikers FC	18	0	0	14	4	0	12	100	-88	0	0

Pos	Team	P	W	D	L	Forf.	Byes	GF	GA	GD	p_adj.	PTS
Under 12/4B												
1	Manly Vale Football Club	16	9	2	5	0	0	25	22	3	16	29
2	Curl Curl Youth Club	16	7	2	7	0	0	43	50	-7	14	23
3	BTH Raiders Soccer Club	16	6	3	7	0	0	40	32	8	9	21
4	Manly Allambie United FC	16	5	3	8	0	0	36	33	3	12	18
5	Pittwater RSL Football Club	15	1	1	13	0	0	9	70	-61	3	4
6	Seaforth Football Club	15	1	0	12	2	0	14	63	-49	3	3

Under 14/1												
1	Wakehurst Football Club	17	15	1	1	0	0	54	10	44	0	46
2	Collaroy Cromer Strikers FC	17	12	3	2	0	0	43	14	29	0	39
3	Manly Vale Football Club	18	10	2	6	0	0	24	19	5	0	32
4	Curl Curl Youth Club	18	10	1	7	0	0	41	35	6	0	31
5	St Augustines Soccer Club (A)	19	8	4	7	0	0	26	18	8	0	28
6	Avalon Soccer Club	18	7	3	8	0	0	21	32	-11	0	24
7	Beacon Hill Football Club	17	5	2	10	0	0	22	32	-10	0	17
8	Seaforth Football Club	17	3	5	9	0	0	16	30	-14	0	14
9	Pittwater RSL Football Club	17	2	5	10	0	0	11	30	-19	0	11
10	St Augustines Football Club (B)	18	2	2	14	0	0	17	55	-38	0	8

Under 16/2B												
1	Avalon Soccer Club	16	9	3	4	0	0	41	22	19	15	30
2	Manly Vale Football Club	16	8	1	7	0	0	29	26	3	13	25
3	St Augustines Soccer Club (B)	16	6	3	6	1	0	26	29	-3	15	21
4	Manly Allambie United FC	16	6	1	9	0	0	23	30	-7	13	19
5	Collaroy Cromer Strikers FC	15	1	2	11	1	0	12	41	-29	5	5
6	Wakehurst Football Club	15	1	1	13	0	0	17	60	-43	1	4

Under 18/3</												
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Pos	Team	P	W	D	L	Forf.	Byes	GF	GA	GD	p_adj.	PTS
M-PL												
1	Narrabeen Football Club	18	10	5	3	0	0	47	26	21	0	35
2	Pittwater RSL Football Club	18	11	2	5	0	0	47	29	18	0	35
3	St Augustines Football Club	18	10	2	6	0	0	47	28	19	0	32
4	Manly Vale Football Club	18	10	1	7	0	0	45	36	9	0	31
5	Dee Why Football Club	18	9	2	7	0	0	55	40	15	0	29
6	Wakehurst Football Club	18	8	5	5	0	0	38	34	4	0	29
7	Mosman Football Club	18	5	4	9	0	0	24	48	-24	0	19
8	Seaforth Football Club	18	6	3	9	0	0	27	44	-17	-3	18
9	Brookvale Football Club	18	5	1	12	0	0	26	41	-15	0	16
10	Manly Allambie United FC	18	2	3	13	0	0	25	55	-30	0	9

Pos	Team	P	W	D	L	Forf.	Byes	GF	GA	GD	p_adj.	PTS
M-PLR												
1	Wakehurst Football Club	18	12	5	1	0	0	52	21	31	0	41
2	St Augustines Football Club	18	9	4	5	0	0	37	36	1	0	31
3	Narrabeen Football Club	18	9	3	6	0	0	54	35	19	0	30
4	Mosman Football Club	18	9	2	7	0	0	37	22	15	0	29
5	Seaforth Football Club	18	8	8	2	0	0	28	19	9	-3	29
6	Pittwater RSL Football Club	18	7	4	7	0	0	39	44	-5	0	25
7	Dee Why Football Club	18	6	4	8	0	0	18	28	-10	0	22
8	Brookvale Football Club	18	6	1	11	0	0	26	41	-15	0	19
9	Manly Vale Football Club	18	3	4	11	0	0	26	43	-17	0	13
10	Manly Allambie United FC	18	3	1	14	0	0	13	41	-28	0	10

Pos	Team	P	W	D	L	Forf.	Byes	GF	GA	GD	p_adj.	PTS
W12/1												
1	Collaroy Cromer Strikers FC	16	12	2	2	0	2	47	14	33	0	38
2	Wakehurst Football Club	16	10	3	3	0	2	20	10	10	0	33
3	Mosman Football Club	16	11	1	4	0	2	39	15	24	-3	31
4	BTH Raiders Soccer Club	16	9	2	5	0	2	21	13	8	0	29
5	Brookvale Football Club	16	7	3	6	0	2	27	16	11	-1	23
6	Seaforth Football Club	16	4	3	9	0	2	12	23	-11	0	15
7	Avalon Soccer Club	16	2	8	6	0	2	11	21	-10	0	14
8	Forest Killarney Football Club	16	3	1	11	1	2	11	40	-29	0	10
9	Manly Vale Football Club	16	1	3	12	0	2	8	44	-36	0	6

Pos	Team	P	W	D	L	Forf.	Byes	GF	GA	GD	p_adj.	PTS
W12/2												
1	Narrabeen Football Club	16	14	1	0	1	2	82	8	74	0	43
2	Mosman Football Club	16	12	0	4	0	2	44	19	25	0	36
3	Pittwater RSL Football Club	16	9	1	6	0	2	54	31	23	0	28
4	Beacon Hill Football Club	16	8	3	5	0	2	26	20	6	0	27
5	Manly Vale Football Club	16	6	4	5	1	2	35	29	6	0	22
6	Brookvale Football Club	16	6	3	7	0	2	32	44	-12	0	21
7	Harbord Seaside United FC	16	6	2	8	0	2	32	32	0	0	20
8	Brookvale Football Club	16	2	1	13	0	2	10	68	-58	0	7
9	Seaforth Football Club	16	1	1	14	0	2	4	68	-64	0	4

Pos	Team	P	W	D	L	Forf.	Byes	GF	GA	GD	p_adj.	PTS
W13/1												
1	Seaforth Football Club	18	14	3	1	0	0	48	10	38	0	45
2	Pittwater RSL Football Club	18	13	4	1	0	0	60	9	51	0	43
3	Wakehurst Football Club	18	13	4	1	0	0	36	8	28	0	43
4	Curl Curl Youth Club (A)	18	10	2	6	0	0	41	23	18	0	32
5	Narrabeen Football Club	18	7	2	9	0	0	30	29	1	0	23
6	Forest Killarney Football Club	18	5	2	11	0	0	26	48	-22	0	17
7	Manly Vale Football Club (A)	18	5	1	12	0	0	29	40	-11	0	16
8	Curl Curl Youth Club (B)	18	4	3	11	0	0	12	38	-26	0	15
9	Manly Vale Football Club (B)	18	3	3	11	1	0	12	58	-46	0	12
10	Collaroy Cromer Strikers FC	18	2	4	12	0	0	8	39	-31	0	10

Pos	Team	P	W	D	L	Forf.	Byes	GF	GA	GD	p_adj.	PTS
W13/2B												
1	Beacon Hill Football Club	14	6	0	8	0	1	28	44	-16	12	18
2	Wakehurst Football Club (B)	14	5	2	7	0	1	18	24	-6	8	17
3	Forest Killarney Football Club	14	4	1	9	0	1	23	39	-16	4	13
4	Manly Vale Football Club	14	3	0	11	0	1	12	49	-37	3	9
5	Seaforth Football Club (B)	14	0	2	11	1	1	11	60	-49	2	2

Pos	Team	P	W	D	L	Forf.	Byes	GF	GA	GD	p_adj.	PTS
W14/2												
1	Brookvale Football Club	14	9	3	2	0	0	30	16	14	0	30
2	Harbord Seaside United FC	14	8	4	2	0	0	23	7	16	0	28
3	Seaforth Football Club	14	7	3	4	0	0	27	25	2	0	24
4	Beacon Hill Football Club	14	7	2	5	0	0	28	19	9	0	23
5	Avalon Soccer Club	14	4	2	8	0	0	20	22	-2	0	14
6	Curl Curl Youth Club	14	2	7	5	0	0	21	33	-12	0	13
7	Manly Vale Football Club	14	4	1	9	0	0	11	28	-17	0	13
8	Wakehurst Football Club	14	3	2	9	0	0	14	24	-10	0	11

Pos	Team	P	W	D	L	Forf.	Byes	GF	GA	GD	p_adj.	PTS
W15/1												
1	Avalon Soccer Club	14	12	2	0	0	0	42	11	31	0	38
2	Wakehurst Football Club	14	9	4	1	0	0	34	12	22	0	31
3	Collaroy Cromer Strikers FC	14	7	2	5	0	0	29	16	13	0	23
4	Narrabeen Football Club	14	5	4	5	0	0	34	26	8	0	19
5	Manly Vale Football Club (A)	14	5	4	3	2	0	22	30	-8	-4	15
6	Pittwater RSL Football Club	14	4	2	8	0	0	17	25	-8	0	14
7	Manly Vale Football Club (B)	14	3	3	8	0	0	12	32	-20	0	12
8	Manly Allambie United FC	14	0	1	12	1	0	1	39	-38	-1	0

Pos	Team	P	W	D	L	Forf.	Byes	GF	GA	GD	p_adj.	PTS
W18/1A												
1	Beacon Hill Football Club	15	12	2	1	0	0	83	15	68	25	38
2	Manly Vale Football Club (A)	15	12	1	2	0	0	68	10	58	27	37
3	Avalon Soccer Club	15	11	0	4	0	0	61	25	36	24	33
4	Manly Vale Football Club (B)	15	9	3	2	1	0	74	27	47	25	30
5	Collaroy Cromer Strikers FC	15	5	1	9	0	0	33	71	-38	10	16
6	Curl Curl Youth Club	15	5	0	7	3	0	34	67	-33	15	15

Pos	Team	P	W	D	L	Forf.	Byes	GF	GA	GD	p_adj.	PTS
W18/3												
1	Pittwater RSL Football Club	12	12	0	0	0	2	72	6	66	0	36
2	Manly Vale Football Club (A)	12	8	1	3	0	2	42	26	16	0	25
3	Wakehurst Football Club	12	6	2	3	1	2	26	20	6	0	20
4	Curl Curl Youth Club	12	5	1	6	0	2	29	33	-4	0	16
5	Manly Allambie United FC	12	4	2	4	2	2	26	27	-1	0	14
6	Beacon Hill Football Club	12	2	1	9	0	2	15	56	-41	0	7
7	Manly Vale Football Club (B)	12	1	1	8	2	2	8	50	-42	0	4

Pos	Team	P	W	D	L	Forf.	Byes	GF	GA	GD	p_adj.	PTS
WAL2												
1	Beacon Hill Football Club	16	12	2	2	0	2	57	37	20	0	38
2	Forest Killarney Football Club	16	12	1	3	0	2	61	14	47	0	37
3	Harbord Seaside United FC	16	10	1	5	0	2	46	33	13	0	31
4	Dee Why Football Club	16	8	1	7	0	2	36	21	15	0	25
5	Wakehurst Football Club	16	8	0	7	1	2	40	34	6	0	24
6	Avalon Soccer Club	16	6	3	7	0	2	21	24	-3	0	21
7	Pittwater RSL Football Club	16	6	3	7	0	2	25	33	-8	0	21
8	Seaforth Football Club	16	1	3	12	0	2	17	55	-38	0	6
9	Manly Vale Football Club	16	1	2	11	2	2	8	60	-52	0	5

Pos	Team	P	W	D	L	Forf.	Byes	GF	GA	GD	p_adj.	PTS
WAL3												
1	Pittwater Football Club	18	15	1	2	0	0	68	14	54	0	46
2	Dee Why Football Club	18	12	2	4	0	0	42	20	22	0	38
3	Collaroy Cromer Strikers FC (C)	18	11	2	5	0	0	52	18	34	0	35
4	Collaroy Cromer Strikers FC (B)	18	10	2	6	0	0	32	18	14	0	32
5	Manly Vale Football Club	18	10	2	6							

Grand Final Action 2016





Manly Vale Football Club

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We hope that our association has been rewarding, and that you will be there for us again next season.

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