



The Hornets

2017 Development Squad

20-Week Skill Development Programme

Open to all Manly Vale FC registered boys & girls aged 9-12 years

The Manly Vale FC Development Squad will once again be led by our very own Fabio Da Rosa (M-Assistant PL Coach) & Scott White (Development Coach) with the assistance of “C” qualified and skilled coaches to promote the importance of respect & teamwork while focusing on improving each player’s individual core skills.

This development phase looks at the skill acquisition of the core skills. Each training session will focus on improving your child’s ability to perform one of the game’s 4 core skills as outlined by the current FFA National Football Curriculum. The program will look for continuous improvement to develop the players’ first touch, striking the ball, running with the ball and 1 v 1 abilities and the decision making associated with these core skills. This means each session will follow a specific theme of learning with a clear session objective and structure designed to maximise participation, decision-making and of course their contact with the ball.

When: Every Tuesday, commencing 21st March, 2017
Times: 4:30pm (ages 9-10) & 5:45pm (ages 11-12)
Venue: David Thomas Reserve, Sloane Crescent, Manly Vale
Cost: \$150 per player for the first 10 x 1hr sessions (includes complimentary training shirt).
Register: On-line as player at www.myfootballclub.com.au
Enquiries: hornets@manlyvalefc.com.au

Players can then renew their registration after this period for a further 10 weeks

