

Outbreak at Trinity as US cases surge

Farmer Times

Washington, (The Seattle Times) — A new outbreak of COVID-19 cases in the Pacific Northwest has been linked to a group of people who traveled to the United States from Europe in the last few weeks, according to health officials.

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Religious retreat at the center of cluster

panama's changed lives forever

band in lockdown

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# Manly Vale Football Club Annual Report 2020



## Second wave looms



## Ship shock

The health log of the Ruby Princess was updated after passengers left the infected vessel, an inquiry into the tragedy has heard. NEWS PAGE 1





# THE OFFICIAL JOURNAL OF THE MANLY VALE FOOTBALL CLUB

Established 1951

## **2020 ROLL OF HONOUR**

### **Division Champions:**

W14/1, WPL, WO40/1A, AL2, AL/3

### **Grand Final Winners:**

W14/1, WPL, WPLRes, WO40/1A

### **Championship Runners Up:**

WPLRes, WO40/1A

### **Grand Finalists:**

AL2, AL/3

### **Knock-out Qualifiers:**

W13/3, W15/2A, W16/2, U12/5

U14/4A, U14/4B, O35/3

### **Manly Warringah Football Association Awards – 2020**

Womens' Premier League Player of the Year: Georgia Goulding (joint)

Women's Premier League Golden Boot: Jemma Satchell

### **SUB-JUNIOR**

Under 6	– 6 Teams
Under 7	– 7 Teams
Under 8	– 6 Teams
Under 9	– 9 Teams

### **JUNIOR**

Under 10	– 3 Teams
Under 11	– 3 Teams
Under 12	– 3 Teams
Under 13	– 2 Teams
Under 14	– 2 Teams
Under 15	– 2 Teams
Under 16	– 2 Teams

### **WOMENS**

Under 8	– 1 Teams
Under 9	– 3 Teams
Under 10	– 1 Teams
Under 11	– 1 Teams
Under 12	– 1 Teams
Under 13	– 2 Teams
Under 14	– 1 Teams
Under 15	– 2 Teams
Under 16	– 1 Teams
Under 18	– 3 Teams
All Age	– 5 Teams
Over 40	– 2 Teams

### **SENIOR**

Under 18	– 2 Teams
All Age	– 9 Teams
Over 35/45	– 5 Teams

## PRESIDENT'S REPORT: *Roland Winter*

The 2020 football season has been unique in the modern era and one we are unlikely to see again. Due to COVID-19, all levels of sporting and football administration had to show great flexibility and adaptation in what was a lengthy and disjointed season.

At Manly Vale FC we continued to maintain similar member numbers, despite the pandemic, and continued on with impressive results at the club.

These included our women's premier league team winning the league championship for the third time in the past four years, as well as winning the final.....a very nice bonus! Our women's premier league reserves team finished a very narrow second in the league and they also won their final! Our men's AL2 and AL3 teams both won their leagues, as did our W40/1A team.

Our W14/1 - won all before them. Remaining undefeated in 2020, they won the league, final and Champions Day final against Northern Suburbs FA side - Hornsby RSL. Their coach Marilinda subsequently won a coaching scholarship with the Manly Warringah Football Association (MWFA) to complete the FFA C-Licence course.

Thank you to our Men's Premier League squad management - coach Michael Yarnold and manager Bryan Murphy - for creating a competitive team and instilling a positive culture across the entire squad.

Coaching education continued on in earnest and remained a focus during the season, with our Club Coaching Co-ordinator (CCC) Louie Dinan, keeping members updated with courses and emphasising the need for constant coaching excellence. The club thanks Louie for taking on this challenging role, which is aimed at up-skilling all coaching staff in every age group. This CCC initiative is a priority across all 17 clubs within the MWFA. Manly Vale FC is committed to the ongoing education of all our coaches in 2021.

Our junior training programs (Bumblebees and Hornets) were not held during the season due to COVID-19. We are hopeful these programs will return in 2021 and continue to demonstrate our continuing goals of fostering player development within our junior ranks.

We are also looking at making these programs even stronger next season.

I would like to thank all our hard-working committee members for their invaluable dedication during the season. Without such wonderful people, who perform all manner of tasks every week, the club could not function and be recognised as a leading club within the MWFA.

A number of our committee are also on the Board / Committees of the MWFA, including Terry Gatward, Peter Auld and Michael Sestanovich.

I would like to make individual mention of our loyal committee members.

Firstly, our canteen, one of the best functioning and most reliable canteens in the MWFA. Thank you to our canteen manager Caroline Hodges for all you do. You have achieved very impressive results, despite fewer weeks this season. Thank you also to Kate Waddington for the difficult task of organising the weekly canteen roster!

To our Grounds people Joe Scaramuzza, Dave Hodges, Neil Davison, Luke Ventress and Dennis Bayley, thank you for all your time and effort. You are always there and ensure our grounds are set up in good working order. 'Davo' is also our club delegate for the MWFA. Thanks Davo for undertaking this role.

Of course, a big thank you to all our tireless committee who do so much behind the scenes.

Roy Sider (Secretary), Michael Sestanovich (Competition Secretary & Gear Steward), Steve Black (Treasurer), Peter Auld (Registrar) and all our Vice Presidents - Surrey Hodges (Senior VP), Terry Gatward (Men's Senior VP), Rose Keating (Women's Senior VP), Jules Nickson-Pole (Junior Girls VP), John Scoon (Junior Boys VP), Neil Blundell (Men's O35 VP), Tom Miles (Sub-Junior VP) Rod da Silva (Trophy Manager) and Tony Bruzzano and Scott White for Junior Development. A big thank you also to Mel Turner, our club MPIO (Member Protection Information Officer) & Working with Children Officer.

A special thank you to our club historian and photographer Graeme Bolton. Graeme plays such an integral role at the club, capturing our history through images and the compilation of our annual report, a huge task.



Thank you to all our sponsors for all their support to the club. We value and appreciate Hotel Steyne, CSS Energy Solutions, Seaforth Physio, Doctor Move and Rebel Sport.

Yours in Football,  
Roland Winter  
President - Manly Vale Football Club

## SECRETARY'S REPORT: *Roy Sider*

As already mentioned by Roland in his President's Report this has been an unprecedented season for a number of reasons, for all involved with your club, especially for players and parents who like your committee have faced uncertainty, disruption and all the numerous challenges associated with this once in a 100 year pandemic scenario!

It is a true testament to the hard working, persistence, resilience and patience of everyone across the club spectrum that we have been able to successfully complete a season of football albeit with many changes and processes to what we're usually used to.

For your ongoing support of and involvement with our club during this challenging period, in whatever capacity, your club committee is grateful. Many thanks to each and every one of all players, parents and guardians for your registrations and along with coaches, managers, supporters and sponsors in choosing Manly Vale FC for your local and junior football experience!

Congratulations once more to all our League Champions, League Runners Up and Grand Final Winners as well as all other club teams that have proudly donned the mighty maroon & white!

Our flagship senior teams achieved notable results this year, led of course by the final round, thrilling League Championship achievement of our Women's PL team under the co-coaching arrangement of Tony Bruzzano, Roland Winter and Scott White. Congratulations ladies on another fine season which also included the Grand Final win to achieve an impressive season 'Double'!

Our Men's Premier League had a harder season back in the top flight, but took opportunity of the relaxed promotion and relegation rules to integrate and 'blood' some of the promising Under 18 talent coming through the ranks. There was an undisputed renewed competitiveness, quality and vigour shown by the squad under the new team management of Michael Yarnold and Bryan Murphy. We look forward to seeing the team's continued development next season!

In our Junior ranks, the standout team was our undefeated W14/1 who beat all before them – achieving an impressive "Treble" – League Champions, Grand Final Winners, and winners against their Northern Suburbs FA counterparts in the inaugural MWFA-NSFC Champions Cup Tournament. Congratulations to the team's coach Marilinda Mauro who was also awarded a MWFA Coaching C Licence Scholarship!

To all our precious club sponsors – we appreciate your ongoing support, which helps keep costs on a number of fronts as low as possible. Without valued sponsor support it would be a much more expensive club to be a part of. We look forward to you continuing your association, and if anyone else has a sponsorship query or interest – please approach any of the committee, as we would love to hear from you.

A special acknowledgment to the continued support from one of Premier League squads' main sponsor, Seaforth Physio & Sports Injury Centre led by Robbie Scarll and all the friendly staff down at 6/567 Sydney Rd, Seaforth. Also , special thanks to Hotel Steyne, CSS Energy Solutions, and Rebel Sport for supporting Manly Vale FC and all the individual team sponsors that also help with their specific team support! We look forward to your ongoing valued support! Please support all our sponsors and don't forget to mention you're from Manly Vale FC when you're patronising any of our sponsors listed on the club's website at: <http://www.manlyvalefc.com.au/>

Finally, I would also like to congratulate & thank the following hardy band of committee folk who continue to sacrifice unlimited time and effort to keep the club functioning for the enjoyment of all:

- Roland Winter (President & VP–Senior Women's);
- Michael Sestanovich (Competition Secretary & Gear Steward);
- Peter Auld (Registrar)
- Terry Gatward (Senior VP – Men's)



- John Scoon (VP – Youth Boys)
- Tom Miles (VP–Sub Juniors)
- Neil Blundell (VP–Men's O35s & O45s)
- Rose Keating (VP–Womens All Age and W18s)
- Jules Nickson-Pole (VP – Junior Girls)
- Steve Black (Treasurer)
- Caroline Hodges (Canteen Manager)
- David Hodges, Joe Scaramuzza, Dennis Bayley, Neil Davison & Luke Ventress (Groundsmen & BBQ)
- Neil Davison (MWFA Delegate & Social Committee)
- Mitchell Marks (VP–Men's AL1, Sponsorship, Promotions, Marketing)
- David Greco (Website);
- Tony Bruzzano (Junior Development)
- Graeme Bolton (Photos and Annual Report)
- Mel Turner (Working with Children Co-ordinator and Member Protection Information Officer)
- Kate Waddington (Canteen Roster Co-ordinator)
- Surrey Hodges (Injuries Register)
- Louie Dinan (Club Coach Co-ordinator)

Whilst your new season committee will continue to strive hard for the benefit of all club participants, on and off the field, we are always keen to see new faces join – so, if you're interested in helping out in any capacity (for as little or a lot as you wish) please don't hesitate in coming forward and contacting any of the committee.

All players, parents, supporters and sponsors are welcome to attend the Annual General Meeting at 7:30pm, Monday, 16 November at Club Totem, 195 Condamine St, Balgowlah (refer formal AGM Notice elsewhere in this Club Report).

Wishing you all the best for an enjoyable summer & festive season. Looking forward to seeing you all back at David Thomas Reserve in 2021!

Roy Sider

Secretary

[secretary@manlyvalefc.com.au](mailto:secretary@manlyvalefc.com.au) 0411 33 11 31

## REGISTRAR'S REPORT: *Peter Auld*

We had a reasonably successful year in terms of player numbers in 2020. A total of 1132 registered players, down 47 on last year's numbers.

This was made up of :

	Player Numbers	2020	2019	2018
Juniors (U/6 to U/11) - Boys		313	333	287
Juniors (U/6 to U/11) - Girls		133	122	149
Youth (U/12 to U/16) – Boys		118	104	115
Youth (U/12 to U/16) – Girls		128	141	122
Seniors (U/18 and above) – Men		295	336	308
Seniors (U/18 and above) – Ladies		145	143	177
	Total	1,132	1,179	1,158

This year, the numbers remained strong in all age categories, but with an increase in the percentage of female players at 36% of the total club numbers up from 34% last year).

71% of players were returning from the 2019 season, with 29% being new players - a slightly higher ratio than last year (70% returning).

With total MWFA player numbers down by 20 this year, 50% of clubs still managed an increase in numbers.

The FFA online registration system is still causing issues due to its unfriendly interface, but more of our players are getting used to it.

We hope everyone enjoyed their shorter than usual year of football and we hope to see you back again next year for hopefully a full April to September season.



## COACHING DIRECTOR: *Tony Bruzzano*

Congratulations to all teams, coaches, managers and MVFC volunteer committee members, for your efforts in getting through the season. A season, somewhat “different”, to every other. With all that was going on, we made a call at the return, after the Covid break, to shelve all junior development programs.

We hope to have everything up and running again in 2021. Thank you for your support and understanding. Have a great summer.

Regards  
Tony Bruzzano

## WOMENS REPORT: *Rose Keating*

2020 was one of the stranger years we've experienced in football on the Northern Beaches, the season bifurcated by coronavirus, which saw the preseason commence for many of the women's teams as early as January, but the season not end until the middle of October.

The women's premier league division started with the welcome return of the squad system, which strengthened the top two teams, the Women's Premier League and Women's Premier League - Reserve. The results of this increased collaboration contributed to the WPL winning both their league, the third time in four years, and the Grand Final, with a convincing 4-1 win over Mosman FC. The WPL- Res achieved an equally impressive feat, winning their Grand Final on the tenth penalty. They narrowly missed taking out the league title, finishing on equal points with Seaforth FC, however a three-goal difference unfortunately meant second place. The season was capped off on a convincing note with Georgia Goulding awarded joint Best Player in WPL, and Jemma Satchell receiving the Golden Boot award, again for the WPL, a rather impressive achievement given she played only half the season due to injury!

Manly Vale continued to prove its power in the women's divisions, with the W40/1A team finishing their league in first place - the second year in a row for Chris Tyrrell's team. A special shout out as well to Rob Da Silva's WAL/1B team who jumped up from division three to division one this year, and held their own. Manly Vale's W18 teams also deserve a special shout out as all three came up from W16 and did very well in a tough year with no gaps or breaks in the season.

Manly Vale was also represented in women's divisions with the following teams:

W18/1 - finished eighth in their division.  
W18/2A - finished eighth in their division.  
W18/2B - finished eleventh in their division.  
WAL/1A - finished in fourth place in their division.  
WAL/3 - finished in seventh place in their division.  
W40/1B - finished in sixth place in their division.

Well done all players, coaches, and managers for an incredible season - bring on MVFC in 2021!

Rose Keating  
Vice President - Women's

## JUNIOR WOMENS REPORT: *Jules Nickson Pole*

Thank you to the parents, carers and supporters of the W10-16 teams for the care and concern you have shown to each other during this season. Having to ensure you and your daughter complied with the government's restrictions, whilst not being able to always come to the game and support your daughter, I know was hard for everyone. We all know how hard Covid has been. Hopefully football, even in its initial restricted format, gave a mental health break to your family for a few hours each week.



Thank you in particular to the Coaches and Managers for volunteering and providing leadership to the teams. We really couldn't do any of this without the generosity of your time. Watching some of the games it's clear that even in this strange year skill building has still occurred and most importantly so has a lot of fun!

The results of this season seem less important compared to everything else we have been through - but I do want to call out the W14-1 team. This group of lovely young people won their season and grand final and then went on to represent MWFA in the MWFA vs NSFA Champions Cup. This was a wonderfully exciting game to watch and our girls were victorious again! Their coach Marilinda was also announced as winner of a MWFA 2020 Female Coaching Scholarship. Well done to all!

Thank you again to players, parents, grandparents, siblings, carers, supporters, coaches and managers for your contribution to a memorable season. I look forward with optimism to a more normal 2021!

Jules Nickson Pole  
VP Junior Girls  
Manly Vale Football Club

## SUB-JUNIOR REPORT: *Tom Miles*

It gives me great pleasure to present the Sub-Junior report for the 2020 season. This season we saw over 342 sub-junior players aged 4 - 9 pull on the boots and proudly wear the maroon and white on the fields of David Thomas and beyond.

A busy time at the beginning of the year getting all the players organised into teams and getting ready for the season to begin. COVID reared it's ugly head but we managed to get back on the field and give the players the chance to let off some steam.

Boys and girls, Mums and Dads, grandmas and grandpas and lots of other supporters cheered on our players as they passed, tackled, kicked, stopped goals and scored goals.

The Girls U8 and U9 Competitions continue to get stronger and it was great to see so many girls playing the game - Manly Vale Football Club has the biggest number of girls & Ladies on the Northern Beaches playing the game.

A big thank you to the Coaches and the Managers, for giving up their time to help the players grow as individuals and learn to play together as a team. A big thank you to the Coaches who participated in formal coaching course in order to learn more about coaching.

Having served on the Committee in different capacities since 1992, I'm going to step back and let the extremely capable Andrew "Boycey" Boyce - Coach of the 2020 U6 Marlins take over as Sub-Junior VP. Boycey's an Aston Villa supporter. In spite of that, please give him your utmost support and I know he'll do a fantastic job in 2021.

I won't be far away - as I bleed maroon. I look forward to seeing EVERYBODY back at DT in 2021 - bring a friend along and let's have some fun.

Tom Miles  
Vice President Sub-Juniors MVFC

## JUNIORS REPORT: *John Scoon*

In an unusual season, we had 16 Junior teams, from age 10 to 16, ready to kick-off the season in April, only for the country to go into lockdown due to Covid 19. After not knowing if the season would be lost, we finally received word that the season would finally start in July. It was pleasing to see that nearly all our players returned to enjoy what would be a busy season with midweek games played during the school holidays. It was also great to see the club spirit on show from so many players who played multiple games on any one day to help out teams who were short of numbers.

In what has been a strange year, it was great to see the Mighty Manly Vale teams playing their games with skill, team work and smiles on their faces as it was obvious that everybody was enjoying being able to get out and play football.



I would like to say a big thank you to all the coaches and the Mangers of our teams for giving up their time to help the players grow as individuals and learn to play together as a team. We could not have a football season without the time and effort that you devote to your teams and the Club.

Finally, thank you to everybody who has been a part of the Club this year and I look forward to seeing EVERYBODY back at DT next year.

John Scoon  
Vice President Juniors

## SENIORS REPORT: *Terry Gatward*

2020 was obviously a different season that we planned and expected. The Men's PL team having heavily recruited and with a new Coach set off with great enthusiasm and exception only to be surprised with a bad loss in their first game.

Unfortunately, this was the only game for 3 months and on the resumption, they found it tough going. Their performances were good but lots of individual mistakes at vital times meant the loss of points and games. The highlight of the season was an away win over eventual Champions Brookvale. With two other wins and a draw we were glad that the Association had suspended relegation otherwise we would have been in the PL/AL1 playoff again.

The best performing teams of the AL's were our Division 2 and 3 teams who both made easy going of their competitions. The AL2's after heavy recruitment from Max Rowland had an unbeaten record until their penultimate game and a +62-goal difference. The AL3's, were much the same going through the season unbeaten. Our other AL teams had less successful seasons but still put in good efforts. Our AL5 team was a combination of last year's team boosted with what was left from the disbanding

Last year's Over 35-1 team, unfortunately they had a harder time than expected and finished mid-table. Our two AL7 teams backing up again from last season also had disappointing seasons struggling with player availability throughout, especially in the goalkeeper department were some veteran players were persuaded to help out (thanks Brian Ellem and Terry Gatward). The AL8's after a winning season in the lower division last year found the going tougher and finished 6<sup>th</sup> and the AL9's who had moved down from AL8's didn't find life any easier but at least had one teams below them.

## OVER 35s/45s REPORT: *Neil Blundell*

The 2020 season got off to a late start this year but it was business as usual for our 35/45 teams once we managed to get the final go ahead from the Association.

This season our former 35/4B team made the move to the 45/2's joining our current 45/3 team in the "old boys" ranks. This left us with three teams competing in the O/35's and a total of five teams representing Manly Vale F.C for the season. Well done to all the teams and I look forward to seeing back next year.

## CANTEEN REPORT: *Caroline Hodges*

The canteen profit this year is \$11927.

This is a great result considering the effect of COVID restrictions on our season, in particular the loss of BBQ revenue.

So a big thanks to all the volunteers who have made the canteen a success in 2020!

We continue to be one of the few clubs that open our canteen all weekend for the duration of the day's matches. Thanks in no small part to the ground staff (David, Dennis, Joe, Neil and Luke) who help out every weekend in the canteen, along with their ground set-up duties. Meaning you will likely see one or more groundsmen at DT all weekend.

Thanks to the Managers and Coaches for organising their team's roster of volunteers, and thanks to the parents and players who volunteered their time. Also, to the paid students Claire, Jesse, Mia, James and Jack.



As always, the profit from the canteen goes towards the expenses required to keep the club running, this in turn helps to minimise registration fees to all players.

Extra Special thanks to:

Kate - doing a fabulous job in her volunteer role of organising the Canteen rosters for the teams. It's a truly time-consuming job from pre-season to season's end, particularly with all the changes to draws that happen during the season. Aligning the teams to duty with their home games can be very challenging at times. Thanks again Kate.

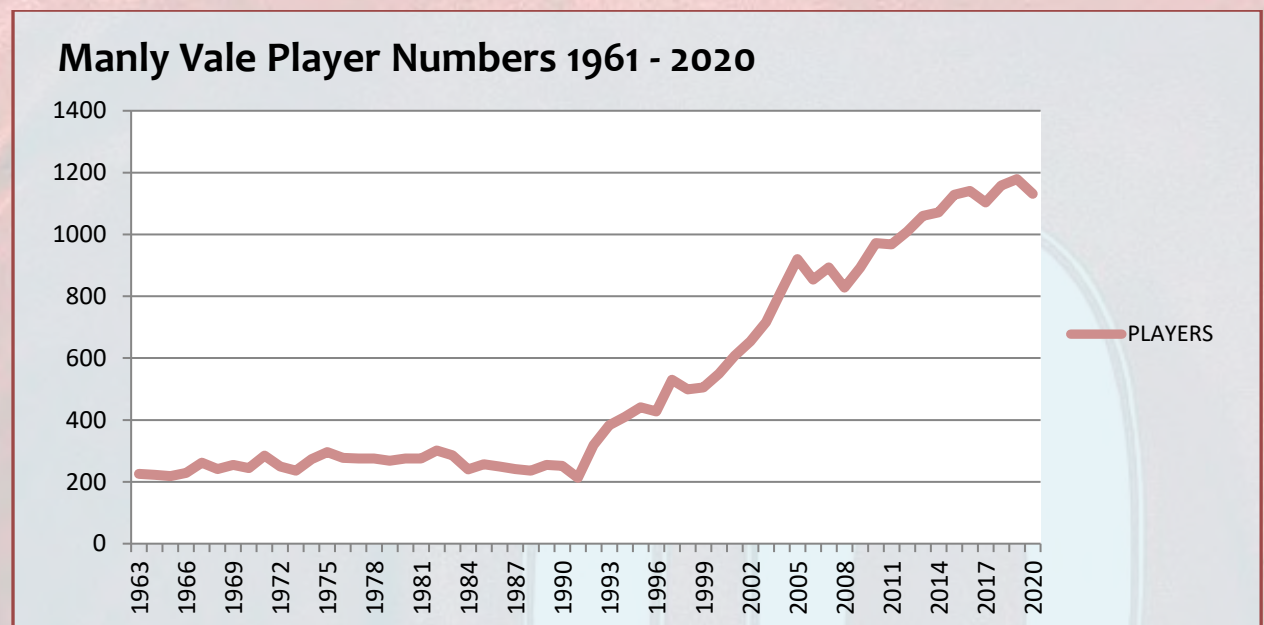
Special mention also of Lee-Anne, Surrey, Lucy, Kaylee and Connie, these ladies are always happy to help out when needed.

We are fortunate to have many volunteers who return every year, always great to catch up with our "old" and meet the "new". I look forward to the break and seeing you all again in 2021.

Enjoy a safe and relaxing summer!

Caroline Hodges  
Canteen Manager

## PUBLISHER - ANNUAL REPORT: *Graeme Bolton*



Notice is hereby given that the 2020 Manly Vale Football Club Annual General Meeting will be held on:

Monday 16<sup>th</sup> November 2020 – 7:30pm

At: Club Totem (Covid permitting),  
195 Condamine Street, Balgowlah, or via Zoom

All Players, Parents, Coaches, Managers & Supporters are encouraged to attend.



# Vale Life - 2020





# 2020 Team Reports

## Sub-Juniors

### Under 6s

#### U6 Angry Ants – Coach: Chris Thompson

The Manly Vale Angry Ants had a cracking season this year - with it being the first-time playing football for many of the players! Despite the challenges presented by Covid through the season, Coach Thommo led the team fantastically - from teaching the Ants the basics, through to developing their skills as the season progressed.

The team's keenness and enthusiasm was evident from the very first game, but most importantly they had fun!

Huge thanks to the parents for their support and flexibility over the weeks. We look forward to doing it all again next year!

#### U6 Marlins – Coach: Aka Boycey

It was a tough start to the season for the U6 Marlins as we lost 7 of the 12 players from the previous year to the U7 age group. Although after a strong recruiting drive by the team manager (Rachel + Danielle) and head of Cheerleading (Tim) we were blessed with a full complement of 14 players + 3 Junior siblings. Lots of the kids were playing football for the first time so we worked on teamwork, respect, sportsmanship and the rules of the game early on.



The season kicked off with a winning start in a difficult wet game in Seaforth and although the team showed signs of initial nerves they began to gel quickly into a cohesive unit. The 5 players returning (Lara, Jedi, Cooper, Coco, Nik) proved to be the backbone of the team whilst new recruits Jay and Archie impressed early in attack with ill and Voilet toughened up the defence. As training picked up the team developed some great ball skills, passing and camaraderie, some of the quieter players started to come out of their shells with Lily, Mia, Austin and Stella all progressing hugely into competent players by midseason.

Over the season we were delighted to be undefeated winning all games net across both pitches with every player scoring a goal and in the last game of the season, we scored a 'Team Goal' (where every player is part of the build-up) on both pitches! We even had some super juniors (younger siblings) Ale, Zali and Harvey put on the jersey for a run out in some of the easier games. Zali became our youngest player to score and shows great signs for the future.

Although we obviously don't keep score at U6 it is estimated that the stats \*might\* have been P13 W14 GD +209. As the Invincibles, it seemed only right to have a big (but reduced due to Covid) celebration at the end of the season with an Open Top bus tour of the city to a medallion presentation to the team in front of the Opera house.



#### U6 Sharks – Coach: Rajan Shukla

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

#### U6 Stingers – Coach: James Peterson

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

#### U6 Stormers – Coach: James Adams

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

#### U6 Warriors – Coach: Michael Dougan/Sarah Petrie

We started the season with 11 enthusiastic soccer novices. We finished the season with 11 smiling, happy soccer stars.

A brilliant mixed team with 3 girls and 8 boys, they always wore the Manly Vale colours with pride and tried their best.

Although not always the victors, the Warriors kept fighting and we're hoping they'll all return next year to keep kicking and scoring goals. Many thanks, Sarah

## Under 7s



#### U7 Matildas – Coach: Kylie McClafferty

This all girl team has had their first year of playing soccer and they absolutely loved it! They have improved so much during the year and they motivate and inspire each other. They are all looking forward to playing again next year.



The Matilda's are renowned for huddling together, singing their team song at the end of every game. "Sunshine, lollipops, Matilda's scored a goal"

#### **U7 Mustangs – Coach: Ave Mitt**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

#### **U7 Rattlers – Coach: Brian Harrison**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.



#### **U7 Rhinos – Coach: Cameron Green**

As far seasons go this one was unique in the challenges it presented. It need not be said why as everyone is clearly aware of the turmoil the world has endured in 2020. Nonetheless, organised sport's ability to bring people together and distract them for a little while from whatever nonsense is going on around them remains just as true now as it ever has.

This was my second year coaching the Rhinos and as much fun as I had last year this year was even more enjoyable. We lost a couple of players from last season but some new additions to our team more than made up for that. Every great team needs to constantly improve and that was certainly the case with the Rhinos this year. All the boys built on the great season they had in the u/6's and made great strides in their improvement as footballers and as young men. I have always believed that a coach's greatest satisfaction is watching his players grow and reach greater heights from game to game and season to season. Based on that criteria I could not be happier to coach this wonderful group of boys.

The performance level from the Rhinos was nothing short of exceptional this season. There were so many brilliant individual displays from each of the boys but football is a team sport and that is where the Rhinos truly excel. It's not common for 6/7 yr old kids to suppress their selfish tendencies and play as a unit but the Rhinos regularly defied the stereotype of their age and produced the sort of possession-based team-oriented play that would have many football purists nodding in silent approval. Needless to say, they were a joy to watch. Thank you Archer, Callum, Fletcher, Harry, Jacob, Joshua, Leo, Lincoln, Oliver, Peter, Ryan and Thomas for all your fine efforts. Well done boys.

I have had the privilege of coaching junior teams for this great club for the last six years and I have always been blessed with a wonderfully supportive and beautiful group of parents, siblings, grandparents, etc. I am delighted to say that that tradition has been well maintained by the Rhino's entourage this season. it was a difficult year for parents because of the restrictions around attendance numbers but the support and encouragement for the players and myself was so wonderful to see given the unusual circumstances. Thank you so much to all Rhino parents and supporters, you are a very big part of why coaching this team is so enjoyable.

Finally, a special mention to our incredible manager Alicia. Her efforts in organising the team and keeping us all informed on every development from the club and the association were nothing short of invaluable. My job is easy because of the amazing job she does. Thank you, thank you, thank you Alicia. - Coach Cameron.

#### **U7 Roar – Coach: Alex Armstrong**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.



#### **U7 Rockets – Coach: Marion Swan**

In a year like no other, community sport provided a much needed sense of normality & well-being for players & all involved, and nowhere was this more apparent than on the smiling faces of the U7 Rockets each week at training & during games, in all weather conditions!

The team consisted of all girls (by chance) from a mixture of schools who had different levels of soccer experience, some had never played before. By the end of the season, after learning & practising the basic skills, discovering new skills & fostering natural ability the Rockets became a solid team that worked well together, for each other & proved to us on many occasions that they never give up.

Game days provided lots of action - there were well earned goals, excellent defending including strong tackles & goal line saves. Every single member of the team improved significantly during the season - it was wonderful to see the girls' recognition of this too. Coaching for the first time, I found it was me who was taught so much by these amazing girls. Thanks Rockets!

#### **U7 Taipans– Coach: Kenneth Douglas-Hill/Kellie Jax**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.



## **Under 8s**





#### **U8 Emus – Coach: Chris Ward**

The pre-season started with a great win of the U7 NBFA Futsal comp in February, leaving the kids in eager anticipation of the new season on grass. From my coaches perspective there was a bit (too much) uncertainty in the lead-up to the season, because a couple of last year's players didn't return to the team and we had 4 new players wanting to join the team - but this couldn't be confirmed at first.

Training under the corona restrictions was a little weird, but the kids were ecstatic after weeks of lockdown to be running around again. We focused on the big changes of playing on the big field: throw ins, longer passes and some basic structure of play in the new environment.

We had a really strong start to the season and finished being graded in Division 1 of the comp. We soon realised that Division 1 was a totally different kettle of fish and that the level of competition was very high. The kids thrived on the challenge and finished overall an impressive fourth place. This is a great achievement considering that 7 out of the 10 players are playing one age group up.

At the end of the season one of our boys also got picked for the U8 gala team, which all of us were very proud of and the whole team went to watch the gala day matches and cheer him on.



Training will continue for the team after the season and we have entered the WMFA 6 a side summer comp (where we are facing these top 4 teams of last competition again).

We are all looking forward to the U9 season. - Cheers Chris

#### **U8 Goannas – Coach: Scott Peak**

Despite the delayed start, the Under 8 Goannas had another cracker of a season under the skilled leadership of Coach Scott. We welcomed three new players, Tyler, Toby and Joey, who quickly

slotted in and became valuable members of the team. We also had many returning players and wonderful support once again from all our parents, especially Craig and Alan.

All players improved in leaps and bounds throughout the season. We worked hard on our positional play, passing and skills. The boys played hard and showed respect and encouragement to their opponents. We had some challenging games, especially after being re-graded but the boys rose to the occasion.

All are looking forward to 2021! - Rachel Homan (Manager)

#### **U8 Lizards – Coach: James Peterson**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

#### **U8 Panthers – Coach: Robert Ramsay**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.



#### **U8 Ravens – Coach: Troy Ham**

Many of the team had played together in previous years but we had a couple of new players for 2020 who fitted in well. Overall, the team enjoyed the season, however there was some frustration. The score did not reflect how hard they tried and how much they improved over the season as we lost most games.

We had a few players who were not enthusiastic about playing, it made it difficult for the remaining players, it caused some friction with players desperately trying to get their team mates to participate. Others struggled with the fitness needed to play a match.

Whilst I recognise the most important part of the game is to have fun, it might be worth considering how we move forward next year to best encourage all the players and not have the better players get disillusioned with the game.

#### **U8 Titans – Coach: Steve Jax/Richard Goncalves**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

## **Under 9s**

#### **U9 Bears – Coach: Lionel George/Ross Smith**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

#### **U9 Bees – Coach: Mark Estivo**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.



#### **U9 Bulls – Coach: Gavin Briggs**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have



helped throughout the season.

#### **U9 Chargers – Coach: Julian Broudou**

2020 was a great year for the U9 Chargers as they continued to build upon the skills they learned from the previous season to finish the year with only two losses. It was impressive to see each child's individual progression throughout the season and the way they applied what was taught during practice sessions to the weekend matches.

Even more impressive was their improved ability to work as a team and as a single cohesive unit. Next season is bound to be an even better year. Go Chargers!

#### **U9 Demons – Coach: Jon Colwell**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

#### **U9 Dinosaurs – Coach: Ben Modra**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

#### **U9 Dragons – Coach: Livio Kriletic**

Favourite parts of the season:

**Aidan:** "my favourite part of the season was playing against strong teams".

**Akira:** "getting coached by coach Livio again and making new friends".

**Ben:** "playing with my teammates".

**Dylan:** "learning to become a defender with other great attackers on the team".

**Isaac:** "it was good fun and I definitely want to play with the Dragons next season".

**James:** "seeing my friends and having fun. Playing in a really good team".

**Lucas:** "at the beginning of the season when the Dragons were beating other teams by more than 10 goals".

**Markus:** "meeting new friends and being nearly undefeated".

**Max:** "playing games at the end of training and making new friends".

**Olivier:** "best part of the season was playing hard teams".



#### **U9 Parrots– Coach: Conor Foley/William Glamore**

Firstly, I think the season was great under trying circumstances. It was great to extend the season and give the kids some extra games over the school holidays. It made it feel like a full normal season by the end.

The start of the season was very lop-sided for us. It felt like we won or lost our first 5 or 6 games 6-0. This was very demoralising for the boys in our losses and we took no great pleasure from the one-sided victories. So, a big thanks to you, Tom and the association for re-doing the draw. We had some great games over the remainder of the season and it was much more enjoyable. We actually got on a bit of a winning run but they were all hard-fought good games. Keeping things even is critical at this age.

Finally, within the team there was a huge difference in ability amongst the boys. While they did their best to play together, as I did to organise them as coach, I actually think they shouldn't play as a team again. The better couple of boys are so much better than the weaker ~5 it doesn't give the weaker kids a chance any more. They simply couldn't get the ball, especially in attack. I did my best as coach to include everyone of course, but the difference at this age is now too pronounced.

In my humble opinion all kids should now be graded and put in teams of similar ability. Maybe you can group kids together so some team-mates and friends continue, maybe groups of 2 or 3. But I do think the teams should be broken up and reset. This will allow kids of similar ability to flourish together, and allow the weaker kids a chance to develop with kids of their own ability. To this end I'm sure all the coaches can give you a good steer pre-grading for next year on how this might look.



#### **U9 Ravens – Coach: Zoe Kells**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

## **Juniors**

#### **U10 Eagles – Coach: Paul Murgatroyd**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

#### **U10 Hawks – Coach: Andrew Thwaites**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

#### **U10 Kookaburras – Coach: Mark Evans/Tina Valla**

The Kookaburras had a slow start to the 2020 season with not enough players, not much experience and no coach! The club especially Juniors VP John Scoon put in tremendous effort to get us a full team, and coach Mark Evans. We were also lucky to have the guidance from our experienced referee John Haslam.



Initially, positive results proved elusive but slowly the team began to gel under the careful guidance of the coach – and the boys had fun whatever the result.

Cameron and Krishiv usually shared goalkeeping duties and developed in to a strong last line of defence.

Dylan and Connor were both excellent centre backs and not much got past them.

Cooper, Billy, Ezekiel and Eric developed into a strong midfield quartet, supporting the defence and helping the attack.

Up front Oliver and Alex (who has Scottish royalty football blood flowing through his veins) proved to be able strikers.

In our last two games we had a combined score of 10 to 3 and five different boys were on the scoresheet proving just how far the team had developed under Coach Mark.

All in all, it was a great season of progress and the team would like to record its thanks to Coach Mark and referee John Haslam.

#### **U11/1 Titans – Coach: Steve Black**

2020 saw Manly Vale Titans return to compete in the u11 competition. With a majority of returning players along with coach Steve Black, The Titans were able to apply their skills and development playing competitive football against the best sides in the age group.

Coach Steve's continuous focus and approach to training and game day saw the Titans showcase improvements in not just individual skills and but also team performances. Titan players were encouraged to be creative, problem solve and have fun, which ultimately aided in the side's strong performances each week.

The 2020 titans squad showed a real mix of personality, will and desire to fight till the end whistle. They worked hard on encouraging and working together resulting in them scoring some fantastic team orchestrated goals, and a scrabble to help save them at the other end.

In what will go down as a memorable season for many reasons, a special mention to all players, Members, volunteers, and parents of Manly Vale Football club for making football possible in 2020. Ryan Galloway - Titans team manager

#### **U11/3 Giants – Coach: Russell Gardner/Neil Dawson**

It's been a pleasure to coach the U/11 Giants. Although Giants by name, on average we were one of the shorter teams in the comp, which made things tough after mid-year grading when we moved up against tier 2 teams.

Nonetheless the boys showed great spirit to combine well and enjoyed a fair share of wins, especially against bigger teams with matching egos.

Regards, Coach Russ and Coach Neil.



#### **U11/4 Firebirds – Coach: Daniel Goodsir/Katrina Piper**

2020 was certainly a year to remember and for all the right reasons. The mighty Firebirds had an extremely successful season full of fun, excitement, passion,

dedication and involvement by all players and parents alike. This being my 6th year coaching at MVFC, I must say this has been the most enjoyable by far. My coaching was made much easier this season due to a range of reasons. The players all respected one another, listened to advice given to enhance their skills and understanding of tactics and game preparation.

Parent involvement with coaching, refereeing, management and sideline encouragement was outstanding and gave an extra lift to

the team which resulted in such a magnificent end of season result. Playing the majority of games at David Thomas was fantastic for player confidence though also an added bonus with lower travelling times to games.

Although U11 doesn't officially record competition results, the U11 Firebirds ended the season on top of the ladder in both pre graded and graded points ladders. Only 1x loss and 1x draw all season, with the players reminding me of this regularly!!! We were well graded within the competition with lots of really close and low scoring games which made it all the more exciting and rewarding. Unfortunately the players weren't able to receive any recognition from the club for their seasons' effort and result, though maybe



something can be noted in the future?

I feel that most players will and should continue playing next season and it will be a real eye opener for them playing on a full size field in U12's

Lastly, much appreciation to the MVFC for assisting with a difficult and uncertain season start with covid restrictions, to end up being a wonderful season overall. - Dan Goodsir

#### **U12/2 – Coach: John Scoon/Gavin Briggs**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

#### **U12/3 – Coach: Bernd Krause**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

#### **U12/5 Vipers – Coach: Turia Mako**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

#### **U13/2 – Coach: Calum Nolan/Harry Buttenshaw**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

#### **U13/4 – Coach: Mark Baker/Kathryn Scott**

The MVFC 'Megaladons' – another great year of improvement for all of our players.

This season we had to dig deep to overcome not just the obvious disruption, but also carnage within our ranks! Our goalkeeper suffered a broken leg right before our first game, then during the course of the season we have two other season-ending broken arms and a nasty concussion.

Despite the odds, we managed to beg, borrow and steal players to help us finish the season with a few wins, and a more improved and close-knit team than where we started.

Our thanks to the 13 girls Reef Sharks, Meerkats, and also the U12/ and 12/3 Mixed players for lending invaluable support and filling in for us.

Presidents Award went to Seb Scott for an outstanding season, topping the goal scoring tally, and generally leading by example on the field.



Thanks to all of our 'Megs' and Megs parents this year, they took on every challenge with gusto and smiles on their faces. Looking forward to season 2021.

#### **U14/4A – Coach: John Donnell**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

#### **U14/4B– Coaches: Eamonn Smith/Chris Yates**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

#### **U15/1 – Coach: Tony Bruzzano**

SONNY HARPER FRASER ALLEN THOMAS BISHOPS BENJAMIN CROWE BARNABY HANCOCK DANNY KHOSH KHO DAVID KHOSH KHO JOHN SCOON ANDY YANG JAY COYLE CODY HENZIE RILEY NOLAN JAMES MCNEIL TYLER GREEN OSCAR MCLELLAND JUDE PINCUS

P	W	D	L	Dif	Pts	Pos
16	4	2	10	-12	14	7th

The boys had a challenging season, with a mixed bag of results. They are a great group, with awesome team spirit, always willing to learn and better themselves. New players this season, definitely helped strengthen the squad. Overall, the boys were great, and we hope to see them again next year.

Thank you to John Scoon for looking after the management side. Thank you to all the parents for your support.

Enjoy the summer. See you again in 2021. - Tony Bruzzano

#### **U15/2 – Coach: Paul Levingstone**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

#### **U16/3 – Coach: Paul Gunning**

Well, that was a strange season, but it was great that we managed to get a season in at all.

Having narrowly finished minor premiers last year, we were promoted to the U16/2s. From the start, we found the step up extremely tough going. The team spent each week defending more than attacking but to their immense credit, the players never gave up, never let their heads drop.

Mid-season, we were moved back to a more realistic 16/3 division. The remaining games were a lot less one sided with a few results to notch up in the win column.

That's all I really want to say about the season itself but without the usual award presentation night this year, I would like to take



this opportunity to say something about the players.

I joined up with the team 7 years ago when they were the U10 Kookaburras. The team consisted of Kurt, Lotti, MacKenzie, Aaron, Sam, Charley-Rose, Tom, Joshua, Lucia, Elijah, Ezekiel, and Katia. Out of those 11 players, all but Katia are still with the team. Elliot, Ryan, Hugh, and Owen have been with us for a few seasons now, and this year we welcomed Willow and Liam.

It makes me immensely proud that so many of the original Kookaburras are still playing soccer together for Manly Vale. And other players that have joined have come back year after year.

I've seen the players grow up, and they've been a joy to coach. I will say that they made me feel old(er) this year when they started talking about getting their license and starting driving lessons. It only seemed like yesterday that they were the U10s playing on small pitches and chasing the ball around the pitch as a bunch.



All the players have always played the game the right way and have been a credit to MVFC. Their parents should be equally as proud of their children, or "junior adults" as they are now!

Talking of the parents, although they were less conspicuous this season having to stand on the opposite side of pitches, they have been as supportive as ever. Also, massive thanks again to Sean for managing the team superbly, as he has for all the 7 seasons that I've been with them. Lastly, thanks to all the countless volunteers at MVFC who made playing each week possible.

Next year will hopefully be more "normal", but another big step up to the first year of the U18's. I am looking forward to it already! Stay safe. Stay well. And see you next season. - Paul



## **Junior Womens**

#### **W8 Bluebells – Coach: Sarah Taylor**

First time soccer players Bluebells have had a rollercoaster season! For most of the girls, soccer is a completely new sport and their first experience of playing in a team. After a shaky start to the season with some significant losses, the girls really came together as a team and turned things around with four consecutive wins and many more besides.

The beginning of the season there were only a handful of players who had played before, and ones who had played before were very quick to learn the new rules of goalkeepers, goal kick, corner kicks, throw-ins, and more players on the field. For the first few games, we rotated the girls around all positions to give everyone a chance at every position. By game 4 it was clear that there were players more suited to defence, attack, midfield, and keeper.

At that stage we focused on staying in positions, and taught them "lanes" - right, left and middle — so that we could open up the field





and make more space for cohesive play. The players really started finding their feet started passing the ball. One of the main tactics we used on attack was having a player stationed at the far post (and not getting sucked into the action) which allowed a few goals scored. We played a 2-3-1 formation, and made sure players subbing onto the field knew which position they were going to. Whether or not they stayed in those positions was hit and miss :)

The last few games of the season we focused on playing with confidence. Above all, we believe at this stage it's about building a love of the game, getting used to the idea of team sports, having fun. They were over the moon with their end of season success!

Special thanks goes to our wonderful coach Sarah for all her training at the start of the season. Unfortunately a fractured ankle meant she was unable to coach for six weeks, so more special thanks goes to the amazing dads that stepped in to help out. Craig and Drew in particular were there at every training session and Huw was also a fantastic help when work permitted. Our referee James did an amazing job at every home game so huge thanks to him for his Sunday contributions.

#### **W9 Comets – Coach: Rob Currin**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

#### **W9 Diamonds – Coach: Denise Fisher**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

#### **W9 Rainbows – Coach: Daniel Barbalace/Andrew McGuirk**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

#### **W10 Rubies – Coaches: Anthony Romeo/Philip Watkins**

Well what a year! After a much-delayed start - and numerous restrictions - we finally got to kick a ball in what was one of the craziest seasons we have ever endured! Despite the confusion, restrictions, and uncertainty, 11 young ladies took to the field each Sunday and played their hearts out.

We were the only U10 girls team this year and the team was a mix of players from previous teams, so a fresh start for all in getting to know each other and gel as a team. We also had three girls that had never played soccer before, so to see their excellent progress over only a few months was satisfying as a coach, knowing I had some impact in their introduction to football.

Overall we had a good year. It was a new team and there was a steep learning curve for some, but the girls had a great time and played to the best of their abilities. Well done to the each of the girls, and bring on 2021!! - Regards, Anthony Romeo

#### **W11 Crystals – Coach: Melanie Turner**

Despite a crazy Covid start to the year, the girls had an amazing first half of their season and were undefeated. They played as a team and really developed their individual skills. The Major improvement this year was their passing from the back through the middle and up to the attacking players which created many opportunities and goals.

Second half of the season and the girls had the opportunity to play some different teams who really Challenged them and helped to improve their knowledge of the game and work hard as a defensive unit. A big learning curve which is good preparation for the full size field next year.

Well done crystals! Coaches - Mel and Robbie

#### **W12/2 Wombats – Coach: Maddison Herden/Gabrielle Henzie**

The W12 (Wombats) have been playing with the same core group for the past four years and have been reasonably successful each season. Last season the Wombats were lucky enough to secure two new coaches, Maddy Herden and Gabrielle Henzie, who also play at Manly Vale FC at a senior level. They have become great role models for the younger girls and their time and dedication is greatly appreciated by all. This year the team moved to the larger field and were required to pick up additional players to meet the numbers required for this level. We obtained three players from Manly-Allamby, one from Curl Curl and one girl who had not played soccer previously.

The season got underway against Wakehurst FC who are a very strong team and the leaders in the competition. The final score 4-1 to Wakehurst FC didn't reflect how close the two teams were. The next match was against Forest Killarney and the Wombats won 7-0. Against Curl Curl B, the wombats lost 1-0. Then against Seaforth The Wombats lost 5-0 in a disappointing loss. Another loss followed 1-0 to Curl Curl A. A win 2-1 against Avalon saw some of the new recruits begin to find their feet and have an impact on the match. Wins against Dee Why 4-0 and Pittwater RSL 1-0 gave the girls a lot of confidence going up against Wakehurst again. Unfortunately, Wakehurst showed their skill and defeated the Wombats 3-0. Another loss followed against Curl Curl B (3-1), a nil-all draw against Avalon and a 2-0 loss against Curl Curl A. A 4-0 win against Pittwater RSL saw the Wombats play their best match of the season. The Wombats are currently sitting 5<sup>th</sup> out of 8 teams, with matches against Pittwater and Curl Curl B remaining. Every match has been very competitive and the Wombats inability as times to find the goal, has resulted in even matches being lost.

The core group of existing players, including Gretel Wilson, Charlotte Hull, Maddison Bartlett and Saskia Krha performed well again this season and they all enjoyed the larger field and the space it provided. The new recruits seemed to gain confidence and find their place in the side as the season progressed. Ava Black showed great attack on the ball, with a strong kick. Sophia Fiorenza showed great poise and determination. Pia Frollano was solid in the midfield. However, it was Tess Low who had not played soccer previously, who was the real surprise. With each match, she gained more confidence and her skill level was increasing exponentially. She was displaying characteristics that exceeded players who had been kicking a ball for many years. As a result, she was voted by the



Coaches as the player to receive the President's award for her outstanding commitment and impact on the team.

#### **W13/2 Meerkats – Coach: Louie Dinan**

The 2020 season has been a very steep learning curve for the Meerkats. The step up to division 1 was a little premature but the experience against these teams has only helped them to see the standard that they need to aspire to.

They have responded with some great football in Division 2, being undefeated in 6 games, but it's their development and understanding that has been the most heartening.



If they continue the trajectory then they will make a return to division 1 and play the type of possession football that will be a joy to watch. The litmus test for any player is am I a better player now than I was in 2019? If the answer is in the affirmative then it's been a great season irrespective of standings and results.

**W13/3 Reefsharks – Coach: Michael Bennett/Grant Schwarz**

Team: Amelie, Charley, Chloe, Eva, Evey, Faye, Holly M, Holly T, Issi, Jorja, Lydia, Sakura, Skye, Talia and Zara.

2020 saw the team gain some new coaching staff (Grant and Lisa) and some new players (Sakura, Charley and Amelie). All were instant members of the Reef Shark family.

The season, when it started, began with a pop with lots of goals and some exciting finishes. A stand out memory was playing a match with 7 players in the pouring rain. The girls didn't want to forfeit and with pure grit and determination they nearly pulled off taking away a point.

It was a long and difficult season to coach in, but the girls adapted well and it was nice to see them develop as a team. There is always more to learn and do and next season we hope to build on the early season success and build up our game strategies.

Whilst the end of the season didn't go our way, the girls never lost their happy spirit. We look forward to being back together in 2021.



to peak at the right time of the season having a very good win in the last 3<sup>rd</sup> v 4<sup>th</sup> play-off game.

From a coaching point of view, the girls developed good ball skills during the season and greatly improved their passing game. Well done Emeralds! Best Regards - Doug Schaafsma

**W15/2B – Coach: Nicholas Goodall/Craig Patterson**

What a year for the girls. The start of the season was miserable after reluctantly being bumped up to Div' 1. The girls fought hard although were clearly outplayed in majority of the games as the scores reflected.

The girls were finding each game very unenjoyable and morale was low with girls admitting they were starting to dislike the game. As a result of the email sent by coach Nick Goodall with the backing of MVFC we were happily moved back to Division 2!

The difference in the girls was amazing. Finally we saw smiles and happier spirits amongst all! We had some very close matches and even managed a few wins!

Our team would like to thank Manly Vale Club in the support given to move us back to where we should've been – Div' 2. We were able to continue and finish a more enjoyable season.

**W16/2 – Coach: Louie Dinan/Margot Hazard**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.



**W14/1 Devils – Coach: Marilinda Winter**

Wow....what an incredible year for the unbeatable devils. Undeclared all season:

- 1st in the League
- Grand Final winners and
- Champions Cup winners against Hornsby
- 48 goals scored this season

I have the privilege to coach these incredible W14 Div 1 players and couldn't be prouder. The devils work beautifully as a team passing the ball around the pitch. Not only have these girls grown in height since last year and are now towering over me, they have also grown with their skill level and their tactical understanding of the game.

Superb teamwork from all the girls. Goalkeeper: Ellyn, Defence: Lucy, Cleo, Emily, Maddie, Natalie, Caitlan, Taylor. Mid: Marina, Sami, Esther, Wing: Zoe, Emma, Charlotte, Strikers: Margarida, Sienna

A huge thanks to Carla our organised manager and the parents and grandparents for all their wonderful support. Bring on 2021!!! – Cheers Coach Mim (Marilinda)

**W15/2A – Coach: Doug Schaafsma**

Like all teams in 2020, Manly Vale W15 Div 2A 'The Emeralds' had a difficult start with training restrictions, a delayed start and uncertainty. However, the overriding factor being the girls love getting together and having fun.

Results were varied with 7 wins, 4 draws and 5 losses, the team finished 4<sup>th</sup> on the competition table. However, the girls know how

## Womens

**W18/1 – Coach: Louie Dinan**

The step up into this division has made the season 2020 a very challenging one. The physicality & athleticism of opponents that are 1-2 years older is very difficult to overcome especially when we had no regular goalie and often only able to field 11 or 12 players; it was a bridge too far on many occasions.

Two teams from our division last year in the W16/1's are in first and second place in W18/2 but it remains to be seen whether this is a better environment to develop the team. Only the standings next year will show. The girls should be commended for battling hard and committing fully week in week out.

The full squad is still young enough to play division 1 next year and whilst it has been a difficult season this is often where the greatest learning is. Brilliant effort all season Dingoes! Louie Dinan - Coach

**W18/2A – Coach: Jules Nickson-Pole**

We started training in February, with, 16 players and only 7 could come to training due to school, other social commitments and the training day did not suit everybody. We lost 2 players, because they wanted to concentrate on their School studies, so we went down to 14.

Covid-19 came in around the end of March, before our first game so we were unable to play football, then the season started back in July around the school holiday's. We had one player who got herself a weekend job and was only available when she was not rostered on to work, and two girls were away for the school holidays.

We started to play our first game with 11 girls, and 3 of them got injured. So, we then played another game and more girls kept getting injured. The whole season we played with 9 girls, 3 games we had to forfeit and I kept asking for other teams to help us out. The responses that I got were: no, we are playing at the same time as you, are you trying to poach our players, one team had 13



# *Women's Premier League 2020*





girls, we approach the coach and manger as we could of used just one girl and the coach told us to go away, that he had already put them through the computer system. The last game we had 11 and two girls would not take out their earning and cost us the game.

This was the first season, myself and Maxine ever did this job, and I had to write an email to see if we could get players from the Division 1 team to help us out. Which we offered them 2 players every game for 6 games and we got a total of 3 players back for 2 games and there were 4 games left.

#### W18/2B – Coach: Jamie Kay

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season



#### Womens Premier League – Coach: Tony Bruzzano / Roland Winter / Scott White

P	W	D	L	F	A	Pts	Pos
13	8	2	3	38	17 +21	26	1st

ALI WARMAN JERRI GERRICH JULES WAUGH MIKI PIGGOTT MEL CLANCY GRACE TYERMAN CERI-ANN GRECO ROSE KEATING SAMANTHA SPACKMAN GEORGIA GOULDING JEMIMA LOCKLEY GRACE JACOBS LAURA ROSNELL MADDY CAMERON MADI BRILMAN SAVANNAH GEDDES JEMMA SATCHELL MIA WADDINGTON

Finals Playoff v Mosman...4-1 WIN

Goals: Grace Jacobs (2), Georgia Goulding (1) Jemima Lockley (1)  
We welcomed some new faces to the entire squad, and the results of a fantastic season, are there for all to see.

Our Reserves were pipped at the final post of the regular season, finishing 2nd on goal difference, by 3 goals. The finals playoff was a great contest, with a nail-biting penalty shootout, eventually deciding the victorious outcome.

Our firsts pipped Mosman on the last round of the regular season, taking out first position, on goal difference, with a 9-goal better difference.

During the season, we were beaten on both occasions by Mosman, so playing the Finals playoff against them, was always going to be challenging. The Vale girls were ready, and extremely determined to get a positive result.

The final got off to a perfect start, with Grace Jacobs pouncing on a terrific through-ball from Jules, slotting home the first goal inside the opening 5 minutes. Mosman were awarded a penalty after 20 minutes, but were unable to convert. Our girls were rewarded for their great play, with a second goal after 30 minutes, thanks to a cheeky lob from Georgia Goulding, that sailed into the top corner of the goals.

The second half saw Mosman come out with great energy, using the strong wind, mounting attack after attack. With 15 minutes to play, they managed to scramble a goal through from a corner. This only sparked our girls into action, and opened up the game, seeing Jemima Lockley finish for our third goal, after a brilliant ball from Grace J, out on the left. Grace J, was then in the right spot, after making a great run, to finish off Jemima's pinpoint pass, making it a 4-1 result.

The girls had a great season. The new girls blended in well. Unfortunately, injuries robbed a couple of girls of their season. The entire squad, including both the reserve grade and first grade, had great attitudes, and helped each other out throughout the year.

They enjoyed their season, and this was evident in the way they played, with big smiles on their faces, and results to show for it.

Jemma Satchell was MWFA Golden Boot! Georgia Goulding was MWFA Player of the Season (joint).

Great appreciation goes out to all our sponsors, including CSS ENERGY and SEAFORTH PHYSIO. Thank you to our supporters.

Coaching duties were shared by Scott White, Roland Winter and myself. Thank you to Lauren Scaramuzza, who took on management duties whilst recovering from an ACL knee injury, and for her tireless work with our goalkeepers on those cold training nights.

Unfortunately, no NSW Champions of Champions tournament this year. We are all looking forward to the summer break, and we hope to see everyone back for another BIG year, in 2021! – Regards Tony Bruzzano

#### Womens Premier League Reserves – Coach: Scott White /Tony Bruzzano / Roland Winter

WPL Reserves:

P	W	D	L	F	A	Pts	Pos
13	7	5	1	25	10 +15	26	2nd

MEL TURNER GEMMA SHIPLEY MADDY CAMERON LAURA ROSNELL KAT LLOYD KAYLA BIASI SOPHIA BARTHOLOMEW ALEXANDRA NORRIS ABBIE BRADSHAW JORDAN CLAY CLARE WADDINGTON MADI BRILMAN ASHLEIGH AURETT EMILY WICKS MARIANA VINCENTE

Finals Playoff v Seaforth ...1-1

Goal: Ashleigh Aurret (1)

Penalties.....7-6 WIN

Goals: Alexandra Norris, Madi Brilman, Laura Rosnell, Maddy Cameron, Kat Lloyd, Claire Waddington, Jordan Clay

So, so, close!! Hard to sum up the 2020 WPLR season without acknowledging how close we came to taking out the league and cup double. Finishing level on points with Seaforth after 2 competition rounds, we cruelly came up just 3 goals short on goal difference.

We would have our revenge though taking out the Cup Final over Seaforth. Finishing the game level, after Ashleigh Aurret (also our golden boot!) had given us a first half lead, we eventually claimed victory in a dramatic penalty shootout that saw all but the goalkeepers step up to take penalties.

It was a year of ups and downs but the girls really showed their class with entertaining football throughout the season. Our strong defence and Gemma's keeping meant we were always in games, and our ability to use the ball created plenty of chances up the other end. We have a great mix of experience and youth (Emily and Mariana yet to turn 18!), putting our squad in great stead for further success in the years to come and plenty of girls pushing for chances in the first team.



#### WAL/1A – Coach: Marc Alessi/Gabrielle Semisi

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.



#### **WAL/1B – Coach: Rob Da Silva/Lisa Cash**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.



#### **WAL/3 – Coach: Max Morgan**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

#### **W40 /1A – Coach: Chris Tyrrell**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

#### **W40/1B – Coach: Michael Sestanovich**

There are many dangerous jobs in the world such as Bomb disposal expert, Prison Guard and Abalone Divers but properly the most dangerous and underrated job is a Coach of a women's football team - make that an Over 40's women football team.

People wonder - WHY? Why would anyone want to do this as a job and a volunteer job at that? Is it boredom? Is it due to club spirit? Is it community service? Regardless of the reason, Michael Sestanovich, is the man and has been looking after our team for quiet a few years.

Our team has 18 wonderful members

and a loyal and (paid) group of supporters that came along and enjoy the beauty that is football. Occasionally, they watch our game and not the one on the other pitch.

Like every team, this year has been a strange and wild ride, yet the enthusiasm and commitment from the team has been awesome. We even managed double figures for training - once. Michael is there with us each Thursday night, rain, hail or shine and guiding us on a Sunday arvo giving his words of wisdom. The fact that we even got a season in this year has been incredible considering where we were at the start of the season. Spending it with such an amazing bunch of women each week, well, that is what it is all about.

Wonderful, fabulous, tremendous, superb, extraordinary, magnificent are not the words you will hear Michael say on a

Sunday about our game but he does manage to come out with brilliant four letter words to describe our playing effort.

A big thank you to Michael for looking after us again and to Dean, our Mixatologist for making sure that the bar is always open when we finish a game.

## **Seniors**

#### **U18/1 – Coach: Michael Sestanovich/Neil Blundell**

Congratulations to the 18/1s graduating class of 2020! Some of the team have been together since the under 6s while others have joined this year. Regardless how long they have been together, they are one team.

We cannot thank Neil Blundell and Michael Sestanovich enough for all the time and effort throughout the years they have spent with the team. The dedication, the commitment and the personal time both Neil and Michael have not only given to the team but to the club is amazing. I don't think people appreciate what goes on behind the scenes to coaching a team but there is a lot more involved than just setting up witches cones for training. I have no doubt that Liquorland shares would have increased since they have been coaching and I believe they are now on their VIP list.

The friendships that have been made not only within the team but the friendships that have been forged on the sidelines amongst the parents is brilliant. Whether we have watched the team making it to the semi-final year after year or watched the team lose the semi-final year after year, it doesn't matter, we still all come back, week after week and year after year. I have also heard that some of the parents are also on the Liquorland VIP list.

While it is sad that this is an end of an era and they will no longer be Juniors, it is exciting to see where the next chapter of their football career takes them as they go into the Senior comp. I have no doubt that Neil and Michael would love nothing more to see the team continue playing and that one day, many continue to represent Manly Vale FC playing in the highest and most prestigious level available in MWFA - the Over 45s.

Thankyou Neil and Michael - enjoy your retirement!



#### **U18/2 – Coach: Neil Davison**

This year was our second year and great things were expected in the 18/2s competition. We started off badly, but as the year went on, we improved greatly. Five new players fitted into the team very well and there was a good belief we would do well.

Coming in fourth place was great for the boys. Many thanks to Hayley our manager and Luke Ventress my assistant coach who was fantastic.

Hard to rule out our best players as everyone did a great job. Also thanks to the boys who were so keen at training and at the games, they are a great bunch of boys and full credit to their parents...regards Davo.....==



# *Men's Premier League 2020*







**Premier League & PL/1 Res. – Coach: Michael Yarnold/Steve Black/Patrick Murphy**

First and foremost, I would like to express on behalf of the Men's Premier League Squad a massive thank you to all the club's volunteers, committee members and fan base, that week in week out supported the squad this year.

To be direct and honest, it would be fair to say that the squad would be disappointed with its season. Whilst this sounds negative, it is actually a testament to how far our own beliefs have come, with regards to competing at the highest amateur football level in the Northern Beaches.

As a squad, we recruited 24 new players this upcoming premier league season. Unfortunately, due to COVID we lost a large amount of these recruited players, who possibly may have made a difference in some challenging encounters, where squad availability and player impact subs were limited.

In terms of our framework and style of play, there were some matches where this was executed brilliantly, and effective possession was matched with clinical finishing. Unfortunately, consistency and achieving this was 1 of our 2 biggest problems this season, the other being switching off during important moments of the match.

Some of our season highlights include; beating the actual league champions Brookvale, which interestingly, was not one of our best performances, Will Backman "AKA" The Viking God, scoring 7+ Goals as a lone striker, Scott Peterson (our GK) has saved 5 penalties in a row now and is developing a fantastic rep for this, we debuted 4 under 18's players in first grade, some of which were 17 years old at the time & Lucas Harper, an under 18s player, not only came into the squad but solidified his position as a First Grade player, after an incredible debut performance.



To Bryan Murphy, who is the outgoing squad's manager, whilst the season did not play out according to what we envisaged, you have

definitely left a legacy, specifically around culture, preparation and standards. There will always be a beer available for you down at DT on a Saturday at 3.00pm (Unfortunately, it might not be a Guinness)

To Nico, who came in and took on a challenging Reserve Grade coach role late in the season. Your football knowledge and ideas contributed immediately to both Reserve and 1<sup>st</sup> Grade. The prospect of working together on a footballing project in the future excites me. "Merci mon ami"

Lastly & definitely not least - To the playing group, you have made a cold, rainy night at DT enjoyable, a beer taste incredible or like soup, depending on the result. You contributed to roughly 100 more of my grey hairs and at times, possibly may have given me a mild heart attack or two but I wouldn't have traded it for anything else.

To anyone associated with MVFC, have a fantastic end of 2020, a great Christmas spent with Family and loved ones and a happy new year, I hope to see you all return to the club in 2021.

Regards, Michael Yarnold Men's Premier League Head Coach 2020.



**AL/2 – Coach: Matt Rowland/Stephen McCann/David Pearce**

From back in January 2020 the season was mapped out for the direction Manly Vale AL2 were going. With the recruitment of new players buying into the existing culture of the team, the philosophy set by the old guard, and the introduction of the highly qualified physician/ fitness coach, the plan was set in place to succeed.

Players turned up in high numbers every week to training to ensure they were in contention but also to improve themselves individual from the sessions that were being designed, planned, and executed. There was a real buzz with the build up to the start of the season with lads not leaving till it was pitch black.

With the machine well-oiled and ready to show the league what we have to offer, COVID struck. Even through the tough times, the team were in constant communication, encouraging each other to improve fitness, and be there for one another.

From working on patterns of play, team structure, accountability for individual roles and key activation exercises to ensure players were focused and result driven. The vision was set out in the team's mind from the first whistle. The management staff identified early that preparation was going to be the key for helping the team to succeed on a match day.

With a squad of 27, competition for places have been a constant topic of discussion for the management throughout the season. Everyone can hold their head up high and know they had a role to play in the team's success.

With 39 points out of a possible 42 and a plus goal difference of 64 goals it would have been a perfect season. If it was not for a loss in the grand final on penalties. The execution would have been as planned, however the results over the season speak for themselves and have given the management staff areas to work and improve on in AL1's.

A view echoed by the manager, Max Rowland- 'Despite being hit with the challenges and restrictions off the pitch this year, the commitment and desire shown by all of our lads was nothing short of inspiring. Dave and I came into the season as an 'open book' but were absolutely blown away by what that lads gave us. Something we will always be grateful for'.



**AL/3 – Coach: Cooper Snel**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

**AL/5 – Coach: Brendan Seiler/Justin Middleton**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

**AL/7A – Coach: Sam Black/Daniel Silburn-Evans**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

**AL/7B – Coach: Brian Ellem/Jim Ross**

The AL7B's had another very enjoyable season and thanks to everyone who made this possible during the COVID19 Pandemic.

Amongst the highlights of the season were the games against the AL7As which finished 1 game apiece however with the B's winning on goal difference across the two games! Special mention to Alex Timoteo who had an outstanding first season as a team referee.

**AL/8 – Coach: Lewis Russell**

The AL8 boys had an up and down season to finish mid-table in 2020. With some massive wins at the start we thought we had a good chance to blow some bigger teams out of the water. Unfortunately some losses in very close games cost us and injuries began to take a toll.

We bounced back at the end of the season to deliver some big upsets against Forest Killarney and Wakehurst. We even almost managed to knock the unstoppable Dee Why team off the top of the tree.

Congrats to Tom White, Matt Millett, Jayden Boath and Nathan Fletcher on getting their first goals in Manly Vale colours. The boys had a lot of fun and can't wait to knock back some beers at the end of season trip.

**AL/9 – Coach: Toby Hills**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

**Over 35/3 – Coach: Bill Gaw**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

**Over 35/4A– Coach: Dean Buckridge/Roy Sider**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

**Over 35/4B 'Dambusters' – Coach: Alastair Fysh**

Our golden boot winner scored 2 goals. Over 45's here we come!

**Over 45/2 – Coach: Derek Brand/Terry Gatward**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.

**Over 45/3 – Coach: Neil Blundell**

The club hopes that all this team have enjoyed the season, and they will be back again next year. A thank you to all that have helped throughout the season.





## Grassroots football during the 2020 Coronavirus Pandemic

### *Terry Gatward*

The 2020 season football season started off as just another season, but it would end up being vastly different. The virus was already beginning to be reported as we went into the usual pre-season activity of registrations, team selections, competition structure set-up and pre-season friendlies.

Some of the pre-season events such as the Defib Gala Day at Cromer Park (8 March) were held. On the weekend of 14-15 March our Men's PL team played their first game and a few teams managed to arrange a pre-season friendly but little did those playing realise that this would be their last game for nearly 3 months.

The virus scare was beginning to grow but the advice from the authorities was "to be vigilant but don't panic";

The advice of the Australian Government is to be vigilant but don't panic.

That said, please see below:

Any player who has left, or transited through the following countries, MUST self-isolate for 14 days (including all football activities)

- mainland China - since 1 February
- Iran - since 1 March
- The Republic of Korea (South Korea) - since 5 March.
- Italy

To be clear self-isolation means you cannot attend training or games.

If you have travelled overseas be vigilant in watching for flu/cold like symptoms. If you experience flu like symptoms then visit your GP and follow their advice.

Things were moving fast on 16<sup>th</sup> March we were told:

"From Monday the Federal Government has confirmed that organised non-essential gatherings should be limited to 500 people. The Prime Minister went into detail about the differences between a gathering like a concert or major sporting event where you are in a confined space sitting right next to someone for a prolonged period of time as opposed to our training and match situations where people are on the move. THE FFA HAS TODAY CONFIRMED ALL COMMUNITY FOOTBALL CAN CONTINUE AT THIS STAGE."

But the reprieve didn't last long and the very next day the season was suspended until April 14. The country had gone into "lockdown".



Following advice from Football NSW, which has been liaising with the FFA and the Federal Government in relation to the COVID-19 virus, there is a suspension of all football activities until Tuesday April 14.

The MWFA Board will meet with the Presidents of all 17 clubs and the MWFA on Wednesday evening (March 18) to discuss the situation and consider a date for the 2020 MWFA Competitions to commence.

At this stage the ban on all football activities includes:

- Training sessions
- Pre season friendlies
- MWFA Competition matches
- FFA Cup matches
- Training sessions with external providers/academies/private providers
- MWFA Coach education courses
- Football Club events (muster days, grading days).

Please note Clubs and the MWFA should understand and apply the Federal Governments guidelines around number of people and safe distances (1.5m apart) when organising meetings to discuss/resolve this issue.

The formal announcement which followed was quite comprehensive:



# IMPORTANT ANNOUNCEMENT RE: 2020 SEASON



Following a meeting of the MWFA Board and the Presidents of all 17 clubs and the Manly Warringah Football Referees Association (MWFR), the MWFA Board has resolved the following for the 2020 season.

- The Manly Warringah Football Association competitions will re-start on Friday 1 May 2020. This is subject to change upon any advice received by the Federal Government.
- MWFA teams and clubs will be free to commence training on Monday April 27. This is subject to change upon any advice received by the Federal Government.
- The MWFA Challenge Cup competitions (Men and Women) will be cancelled for 2020.
- The MWFA will work through competition structures based on starting on the weekend of May 1/2/3, playing 17 weeks (including the middle weekend of the July school holidays) with the cancellation of semi finals, moving straight to grand finals.
- Monday 8 June (Queens Birthday long weekend) will be set aside as the only wash out round.
- MWFA and its clubs will consider the impact on registration fees and the financial aspect of player deregistration when we know the full extent of the disruption. At this stage the suspension of football takes into account a minimal disruption that we will work to make up throughout the season as best as possible. We are delaying the start of the season, not cancelling. Any decisions around registration fees and refunds will be based on the broad principle of trying to ensure that all Clubs, MWFA, Football NSW and FFA are able to get through this difficult time in a position that will enable football as we know it to continue into the future.
- MWFA will put together a list of Frequently Asked Questions, to assist clubs and players with communication.

- The MWFA will put together information for the clubs in relation to hygiene and guidelines for when football resumes to give them the opportunity to plan for playing football under a very different general environment.
- We will continue to work through a range of issues in relation to questions like Champion of Champions qualification, State Cup competitions, promotion/relegation and communicate the answers as soon as possible.

There is no doubt that we all have more questions than answers but when we reach decisions we will continue to communicate them.

**The MWFA Board also committed to the following, which was agreed by the 17 Clubs and MWFR:**

1. Taking its responsibility to the broader community in relation to the current health situation seriously
2. Taking time to consider the broader impact, viability of clubs and the MWFA and the long term future of the sport when making decisions due to the special circumstances around the current COVID-19 (Coronavirus).
3. A clear understanding for the MWFA, the 17 Clubs, the MWFR, players and volunteers that the 2020 football season will be different to what we are used to.
4. Immediately consider the suspension or cancellation of any non essential costs and activities to ensure the best possible opportunity to lessen any financial impact due to the suspension of football and any possible further suspension (under Government advice).

There is no doubt we are entering a challenging time as a country and as a sport but we are appealing to the Clubs, the 19,000 players and their families to work together to make sure that the special community spirit that binds football together on the Northern Beaches helps us get through this tough period.

We will have to make sacrifices and adjustments to the way we train, play and interact and accept that it is in the best interests of the game.

Please see the below links to assist with understanding the current situation:

[Commonwealth Department of Health – COVID-19 Health Alert](#)

[NSW Health – COVID-19 Information](#)

[NSW Health-COVID-19 frequently asked questions](#)

[← MWFA 2020 Season Update – COVID-19](#)

[Frequently asked questions MWFA / COVID-19 \(Coronavirus\) →](#)

Almost overnight the country had gone into a phase of lockdown, offices had closed, Shops and restaurants closed and there were scenes of despair as thousands of people were laid off and had to queue for unemployment benefits. The Government announced its Job Keeper Program and we were all restricted to our houses with the only exceptions for essential shopping, exercise and emergencies. In Manly the beaches were closed, benches taped up and serious restrictions in place.

Community sport was correctly low on people's priorities.

There then followed a series of assessments, pushing the restart date backwards from 22 April to 1<sup>st</sup> May, as the virus was managed by restricting contact between people so obviously a contact sport could not be permitted.

There was much activity behind the scenes and MWFA negotiated with Northern Beaches Council that if football could restart that the pitches be made available later in the year than normal. A plan was put together to resume in June and finish in early October. There would be less games than usual, borrowing rule changes, no promotion/relegation for Premier League and no rearranged games if they were lost to wet weather. The mantra was to get out on the pitch and enjoy playing football.

Finally in May when the virus situation was deemed to be under control plans were made for the restart. There were conditions; Firstly it was training only in maximum groups of 10. Calculations had to be done on the size of the area allocated to each group. List of participants had to be kept. No contact allowed and strict sanitization of equipment was to be imposed, no sharing of water bottles, clothes and no spectators allowed. A training schedule was established that allowed time between teams arriving and departing for their allocated training. The Government announced that kids sport would be allowed to start from 1<sup>st</sup> July and then on 10<sup>th</sup> June the message came through:

Football is coming back:



All MWFA football competitions will start on the weekend of 3/4/5 July. The NSW Government Minister for Sport this morning announced that adult community sport will return from 1 July, following last week's decision to allow U18 and below community sport to restart from that date. It is important to note that the guidelines on training (specifically 10 to a group) remain in place until 1 July. There will also be guidelines around matchday to ensure we restart competitions in a COVID-Safe environment, which will be communicated through your Club.

The guidelines were issued by Football NSW:



# RETURN TO PLAY GUIDELINES - SUMMARY

## LEVEL C

Football NSW is following and implementing the AIS's 'Framework for Rebooting Sport' with its three levels A, B and C. These levels can be succinctly summarised with the below graphic depicting a traffic light system of 'stop, get ready, go';

<b>LEVEL A</b>	<b>SUSPENSION OF FOOTBALL</b> 1 April - 20 May	<b>LEVEL B</b>	<b>RETURN TO TRAIN</b> 21 May - 30 June	<b>LEVEL C</b>	<b>RETURN TO PLAY</b> From 1 July
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### LEVEL B – RETURN TO TRAIN

On 21 May, and in line with the NSW Government's updating of the Public Health Order (of 15 May 2020), Football NSW lifted the 'temporary suspension' as it related to training. At this time, it released its Return to Training Guidelines and a series of resources for Associations, Clubs, Teams, Players and Parents to follow and implement. The conditions set out in that document were in line with government directions at the time.

### LEVEL C – RETURN TO PLAY


These 'Return to Play Guidelines' are the next level, and provide for the resumption of full competitive matches and other football activities at all ages and for all levels across the various leagues and competitions in New South Wales.

LEVEL B - TRAINING	LEVEL C - PLAYING
Football training to be conducted in small groups of no more than 20 people (including coaching personnel)	Full competitive matches permitted within the Laws of the Game
No football games – training, friendly or competitive – are permitted	Training/friendly matches allowed
No contact (e.g no tackling or challenges) permitted	Full football activities conducted at all levels (MiniRoos, 7v7, 9v9 or 11v11) including development programs
Minimise sharing of equipment such as footballs, cones, skipping ropes, weights, agility training	Team benches organised to ensure 1.5 metres between coaching staff & substitutes
Social distancing of 1.5 metres between players	Match fixturing and pitch allocations to be arranged to maximise spaces between pitches
No use of communal facilities (eg gym)	Social distancing of 1.5 metre between spectators (e.g. parents)
	Competitions, Leagues and Tournaments permitted
	Changerooms and/or wet areas limited to players and team staff and thorough cleaning between use recommended
	Full use of sporting facilities is permitted





On 3<sup>rd</sup> July we were back on the park. There were maps issued to show where the players could warm up, how to keep separation between substitutes, officials and spectators (which were discouraged). Players were asked to come ready changed, play and go home. The club had to compile a Covid Safety Plan using the NSW health guidelines.

**COVID-19 Safety Plan**

Effective 1 July 2020

**Community sporting competitions and full training activities**

We've developed this COVID-19 Safety Plan to help you create and maintain a safe environment for you, your workers, volunteers and your visitors.

Complete this plan in consultation with your workers and volunteers then share it with them. This will help slow the spread of COVID-19 and reassure your visitors that they can safely participate in activities. You may need to update the plan in the future, as restrictions and advice changes.

Organisations must follow the current COVID-19 Public Health Orders and manage risks to staff and other people in accordance with Work Health and Safety laws. For more information and specific advice for your industry go to [www.nsw.gov.au](http://www.nsw.gov.au)

Getting back on the field was great for most people although some were still apprehensive and worried about the potential for catching the virus. Fortunately, there were no cases recorded on the Northern Beaches at football games. I think the mood was summed up in a game I played where the usual banter was replaced with a Goalkeeper shouting at a referee as a corner was about to be taken "Hey Ref can you make this guy move away from me and follow the social distancing guidelines".



Here's hoping the 2021 season won't be disrupted.



# *That was the Year that was - 2020*





	Team	P	W	D	L	Forf.	Byes	GF	GA	GD	p_adj	PTS	Adj	Pos.	Team	P	W	D	L	Forf.	Byes	GF	GA	GD	p_adj	PTS	Adj	
Under 12/2														Under 12/3														
1	Seaforth FC	15	14	0	1	0	0	63	8	55	0	42		1	Mosman FC	13	11	2	0	0	1	49	14	35	0	35	37.69230769	1
2	Forest Killarney FC	15	13	1	1	0	0	51	13	38	0	40		2	Collaroy Cromer Strikers FC	14	8	2	4	0	0	23	14	9	0	26	26	2
3	Avalon Soccer Club	15	11	2	2	0	0	60	18	42	0	35		3	Seaforth FC A	14	7	2	5	0	1	23	21	2	0	23	23	3
4	Collaroy Cromer Strikers FC	15	9	2	4	0	0	38	19	19	0	29		4	Beacon Hill FC	13	6	3	4	0	1	21	21	0	0	21	22.61538462	4
5	Brookvale FC	15	8	0	7	0	0	48	38	10	0	24		5	Seaforth FC B	14	5	4	5	0	1	18	15	3	0	19	19	5
6	Manly Vale FC	15	7	2	6	0	0	27	25	2	0	23		6	Manly Vale FC	13	3	6	4	0	1	24	18	6	0	15	16.15384615	6
7	Curl Curl Youth Club	15	7	0	8	0	0	29	34	-5	0	21		7	Avalon Soccer Club A	13	4	2	7	0	1	15	25	-10	0	14	15.07692308	7
8	Dee Why FC	15	6	1	8	0	0	31	40	-9	0	19		8	Avalon Soccer Club B	13	2	3	8	1	1	15	37	-22	0	9	9.692307692	8
9	St Augustines FC	15	3	1	11	0	0	15	44	-29	0	10		9	Pittwater RSL FC	13	1	2	10	0	1	15	38	-23	0	5	5.384615385	9
10	Pittwater RSL FC	15	3	0	12	1	0	19	71	-52	0	9																
11	Narrabeen FC	15	2	2	11	0	0	9	35	-26	0	8																
12	Wakehurst FC	15	1	1	13	0	0	15	60	-45	0	4																
Under 12/5														Under 13/2														
1	Dee Why FC	15	13	1	1	0	0	40	4	36	0	40		1	Manly Allambie United FC	14	11	0	3	0	0	46	17	29	0	33	35.35714286	1
2	Seaforth FC	15	12	2	1	0	0	53	8	45	0	38		2	Collaroy Cromer Strikers FC	14	7	3	4	0	0	26	22	4	0	24	25.71428571	2
3	Brookvale FC	15	7	2	6	0	0	26	24	2	0	23		3	Beacon Hill FC	13	5	4	4	0	0	21	20	1	0	19	21.92307692	3
4	Manly Vale FC	15	6	2	7	0	0	33	28	5	0	20		4	Avalon Soccer Club	14	5	5	4	0	0	30	26	4	0	20	21.42857143	4
5	Avalon Soccer Club	15	6	2	7	0	0	24	28	-4	0	20		5	Seaforth FC A	14	5	3	6	0	0	26	23	3	0	18	19.28571429	5
6	Harbord FC	15	5	1	9	0	0	28	33	-5	0	16		6	St Augustines FC B	15	5	3	7	0	0	22	30	-8	1	18	18	6
7	Curl Curl Youth Club	15	5	1	9	0	0	23	41	-18	0	16		7	St Augustines FC A	13	3	4	6	0	0	22	31	-9	0	13	15	7
8	Mosman FC	15	0	1	14	3	0	5	66	-61	0	1		8	Curl Curl Youth Club	13	3	3	7	0	0	15	26	-11	0	12	13.84615385	8
														9	Manly Vale FC	13	2	2	9	0	0	15	41	-26	0	8	9.230769231	9
														10	Seaforth FC B	15	1	5	9	1	0	16	75	-59	1	8	8	10
Under 13/4														Under 14/4														
1	Collaroy Cromer Strikers FC	15	12	0	3	0	0	72	24	48	0	36		1	St Augustines FC B	7	6	1	0	0	0	42	7	35	0	19		
2	Brookvale FC	15	11	1	3	0	0	35	21	14	0	34		2	St Augustines FC A	7	5	2	0	0	0	29	9	20	0	17		
3	BTH Raiders Soccer Club	15	9	1	5	0	0	36	17	19	0	28		3	Seaforth FC	7	5	1	1	0	0	30	11	19	0	16		
4	Seaforth FC	15	8	2	5	1	0	33	18	15	0	26		4	Collaroy Cromer Strikers FC	7	4	0	3	0	0	19	19	0	0	12		
5	St Augustines FC A	15	7	0	8	0	0	22	23	-1	6	21		5	Manly Vale FC B	7	3	1	3	0	0	22	17	5	0	10		
6	Forest Killarney FC	15	6	1	8	1	0	33	50	-17	4	19		6	Avalon Soccer Club	7	3	1	3	0	0	20	20	0	0	10		
7	Manly Vale FC	15	4	4	7	1	0	33	34	-1	0	16		7	BTH Raiders Soccer Club	7	2	1	4	0	0	7	27	-20	0	7		
8	Harbord FC	15	4	1	10	0	0	30	52	-22	0	13		8	Dee Why FC	7	2	0	5	0	0	17	19	-2	0	6		
														9	Manly Vale FC A	7	1	1	5	0	0	7	29	-22	0	4		
														10	Forest Killarney FC	7	0	0	7	0	0	4	36	-32	0	0		
														11	Wakehurst FC	7	0	0	7	0	0	2	37	-35	0	0		
Under 14/4A														Under 14/4B														
1	St Augustines FC B	8	8	0	0	0	0	32	6	26	0	24		1	Avalon Soccer Club	6	4	2	0	0	2	20	8	12	0	14	16.33333333	1
2	St Augustines FC A	8	6	0	2	0	0	24	11	13	0	18		2	Dee Why FC	7	4	1	2	0	1	18	13	5	0	13	13	2
3	Manly Vale FC B	8	3	2	3	0	0	20	17	3	0	11		3	Manly Vale FC A	6	3	0	3	0	2	14	13	1	0	9	10.5	3
4	Collaroy Cromer Strikers FC	8	3	1	4	0	0	21	16	5	0	10		4	BTH Raiders Soccer Club	7	2	1	4	0	1	10	14	-4	0	7	7	4
5	Seaforth FC	8	2	1	5	0	0	14	33	-19	0	7		5	Wakehurst FC	6	1	0	5	0	2	5	19	-14	0	3	3.5	5
6	Forest Killarney FC	8	0	0	8	0	0	9	37	-28	0	0																
Under 15/1														Under 15/2														
1	Narrabeen FC	15	11	3	1	0	0	38	15	23	0	36		1	Seaforth FC A	15	10	4	1	0	0	42	9	33	0	34	34	1
2	St Augustines FC	15	9	2	4	0	0	27	13	14	0	29		2	Seaforth FC B	15	9	2	4	0	0	36	23	13	0	29	29	2
3	Mosman FC	15	8	3	4	0	0	28	21	7	0	27		3	Narrabeen FC	15	6	3	6	0	0	37	37	0	0	21	21	3
4	Forest Killarney FC	15	5	4	6	0	0	20	21	-1	0	19		4	St Augustines FC	15	5	5	5	0	0	18	19	-1	0	20	20	4
5	Wakehurst FC	15	6	1	8	0	0	19	23	-4	0	19		5	Manly Vale FC	15	5	4	6	0	0	30	28	2	0	19	19	5
6	Collaroy Cromer Strikers FC	15	5	1	9	0	0	22	35	-13	0	16		6	Wakehurst FC	15	4	3	8	0	0	24	24	0	0	15	15	6
7	Manly Vale FC	15	4	2	9	0	0	22	33	-11	0	14		7	Avalon Soccer Club	14	4	2	8	4	0	23	46	-23	-3	11	11.78571429	7
8	Brookvale FC	15	3	2	10	0	0	18	33	-15	0	11		8	Forest Killarney FC	14	4	1	9	4	0	20	44	-24	-3	10	10.71428571	8
Under 16/3														Under 18/1														
1	Pittwater RSL FC	15	11	3	1	0	0	43	18	25	0	36		1	Wakehurst FC A	14	13	1	0	0	0	71	11	60	0	40	42.85714286	1
2	Narrabeen FC	15	11	1	3	0	0	74	25	49	0	34		2	Collaroy Cromer Strikers FC A	14	11	1	2	0	0	84	11	73	0	34	36.42857143	2
3	Curl Curl Youth Club	15	10	2	3	0	0	41	20	21	0	32		3	St Augustines FC	14	9	3	2	0	0	45	17	28	0	30	32.14285714	3
4	Brookvale FC	15	9	0	6	0	0	49	37	12	0	27		4	Brookvale FC	14	8	3	3	0	0	44	27	17	0	27	28.92857143	4
5	Seaforth FC	15	5	4	6	0	0	31	29	2	0	19		5	Curl Curl Youth Club	14	8	1	5	1	0	30	27	3	0	25	26.78571429	5
6	Wakehurst FC	15	6	1	8	0	0	19	23	-4	0	19		6	Narrabeen FC	13	7	1	5	0	0	31	26	5	0	22	25.38461538	6
7	St Augustines FC	15	3	3	9	0	0	25	54	-29	0	12		7	Forest Killarney FC	15	8	0	7	0	0	41	27	14	0	24	24	7
8	Manly Vale FC	15	2	0	13	0	0	13	50	-37	0	6		8	Manly Vale FC	13	5	0	8	0	0	28	32	-4	0	15	17.30769231	8
9	Forest Killarney FC	15	2	0	13	0	0	5	60	-55	3	6		9	Collaroy Cromer Strikers FC B	15	4	1	10	0	0	18	48	-39	0	13	13	9
10	Avalon Soccer Club	15	1	2	12	0	0	19	71	-52	0	5		10	Wakehurst FC B	14	2	2&gt										



Pos	Team	P	W	D	L	Forf.	Byes	GF	GA	GD	p	adj	PTS	Adj	Pos	Team	P	W	D	L	Forf.	Byes	GF	GA	GD	p	adj	PTS	Adj	
Over 35/4															Over 45/2															
1	Pittwater RSL FC	14	12	2	0	0	0	47	11	36	0	38	38	1	1	Avalon Soccer Club	13	8	4	1	0	0	31	9	22	0	28	28	1	
2	Forest Killarney FC	12	9	1	2	0	0	37	9	28	0	28	32.7	2	2	BTH Raiders Soccer Club	13	8	4	1	0	0	38	20	18	0	28	28	2	
3	Collaroy Cromer Strikers FC	12	9	1	2	0	0	34	15	19	0	28	32.7	3	3	Mosman FC A	13	7	4	2	0	0	42	19	23	0	25	25	3	
4	Forest Killarney FC B	14	9	0	5	0	0	39	21	18	0	27	27	4	4	Seaforth FC	13	7	2	4	0	0	32	31	1	0	23	23	4	
5	Mosman FC A	13	7	2	4	0	0	30	18	12	0	23	24.8	5	5	Narrabeen FC	13	6	4	3	0	0	28	21	7	0	22	22	5	
6	Mosman FC B	13	6	3	4	0	0	22	15	7	0	21	22.6	6	6	Manly Vale FC	13	5	2	6	0	0	27	20	7	0	17	17	6	
7	Seaforth FC	13	5	3	5	0	0	26	28	-2	0	18	19.4	7	7	Pittwater RSL FC	13	3	4	6	0	0	22	41	-19	0	13	13	7	
8	Harbord FC	13	3	2	8	0	0	27	42	-15	0	11	11.8	8	8	Beacon Hill FC	12	3	3	6	0	0	20	28	-8	0	12	13	8	
9	Avalon Soccer Club	14	2	5	7	0	0	26	34	-8	0	11	11	9	9	Mosman FC B	13	1	2	10	0	0	14	49	-35	0	5	5	9	
10	Forest Killarney FC A	14	2	3	9	2	0	20	48	-28	0	9	9	10	10	Wakehurst FC	12	1	1	10	0	0	16	32	-16	0	4	4.33333333	10	
11	Manly Vale FC A	14	2	1	11	1	0	12	48	-36	0	7	7	11		Mens Premier League														
12	Manly Vale FC B	14	1	3	10	0	0	11	42	-31	0	6	6	12		1	Brookvale FC	14	10	1	3	0	0	34	19	15	0	31	31	1
Over 45/3															Mens Premier League Res.															
1	Manly Allambie United FC	13	12	1	0	0	0	47	12	35	0	37	37	1	3	1	Pittwater RSL FC	14	8	4	2	0	0	27	12	15	0	28	28	2
2	Forest Killarney FC B	13	7	2	4	0	0	25	17	8	0	23	23	2	2	2	Collaroy Cromer Strikers FC	14	7	4	3	0	0	29	21	8	0	25	25	3
3	Beacon Hill FC	12	6	3	3	0	0	28	17	11	0	21	22.8	3	3	3	Curf Curl Youth Club	14	7	1	6	0	0	24	20	4	0	22	22	4
4	Curf Curl Youth Club	13	5	3	5	0	0	19	15	4	0	18	18	4	4	4	St Augustines FC	14	7	1	6	0	0	32	32	0	0	22	22	4
5	Narrabeen FC	12	4	3	5	0	0	13	17	-4	0	15	16.3	5	5	5	Seaforth FC	13	5	4	4	0	0	24	21	3	0	19	20.46153846	6
6	Collaroy Cromer Strikers FC	12	4	2	6	0	0	16	24	-8	0	14	15.2	6	6	6	Wakehurst FC	14	5	3	6	0	0	32	31	1	0	18	18	7
7	Forest Killarney FC A	12	3	4	5	0	0	22	27	-5	0	13	14.1	7	7	7	BTH Raiders Soccer Club	14	5	3	6	0	0	19	20	-1	0	18	18	8
8	BTH Raiders Soccer Club	13	4	3	6	0	0	15	25	-10	-1	14	14	8	8	8	Narrabeen FC	14	5	3	6	0	0	22	25	-3	0	18	18	9
9	Manly Vale FC	13	3	4	6	0	0	16	23	-7	0	13	13	9	11	11	Mosman FC	14	3	6	5	0	0	19	23	-4	0	15	15	10
10	Avalon Soccer Club	13	1	3	9	0	0	14	38	-24	0	6	6	10	12	12	Manly Vale FC	14	3	1	10	0	0	18	33	-15	0	10	10	11
																	Harbord FC	13	2	1	10	0	0	12	35	-23	0	7	7.53461538	12
W 13/2															W 12/2															
1	Seaforth FC	15	12	2	1	0	1	47	9	38	0	38	40.5	1	1	1	Wakehurst FC	15	12	2	1	0	1	59	6	53	0	38	38	1
2	Wakehurst FC	16	9	3	4	0	0	28	18	10	0	30	30	2	2	2	Seaforth FC	14	11	1	2	1	2	46	10	36	0	34	36.42857143	2
3	Harbord FC	15	9	1	5	0	1	35	13	22	0	28	29.9	3	3	3	Curf Curl Youth Club B	13	9	2	2	0	3	35	7	28	0	29	33.46153846	3
4	Narrabeen FC	15	9	0	6	0	1	35	26	9	0	27	28.8	4	4	4	Curf Curl Youth Club A	15	9	4	2	0	2	41	12	29	0	31	31	4
5	Mosman FC	15	7	4	4	0	1	29	17	12	0	25	26.7	5	5	5	Manly Vale FC	14	5	1	8	0	2	20	23	-3	0	16	17.14285714	5
6	Manly Vale FC	16	6	1	9	0	0	20	48	-28	0	19	19	6	6	6	Pittwater RSL FC	15	4	1	10	0	1	21	39	-18	0	13	13	6
7	Forest Killarney FC	15	2	4	9	0	1	9	30	-21	0	10	10.7	7	7	7	Avalon Soccer Club	14	2	3	9	2	2	12	38	-26	0	9	9.642857143	7
8	Brookvale FC	15	1	1	13	1	1	8	38	-30	4	4	4.27	8	8	8	Dee Why FC	14	2	0	12	1	2	11	61	-50	0	6	6.428571429	8
9	Pittwater RSL FC	15	1	0	14	0	1	4	54	-50	0	3	3.2	9	9	9														
W 14/1															W 13/3															
1	Manly Vale FC	16	14	2	0	0	0	42	10	32	0	44			1	1	Seaforth FC	16	10	1	5	0	0	42	22	20	0	31	31	1
2	BTH Raiders Soccer Club	16	10	3	3	0	0	38	24	14	0	33			2	2	Avalon Soccer Club	16	8	5	3	0	0	20	12	8	0	29	29	2
3	Dee Why FC	16	10	1	5	0	0	30	17	13	0	31			3	3	Manly Vale FC	16	8	4	4	0	0	27	12	15	0	28	28	3
4	Wakehurst FC	16	9	0	7	0	0	28	30	-2	0	27			4	4	Collaroy Cromer Strikers FC	16	8	2	6	0	0	23	23	0	0	26	26	4
5	Brookvale FC	16	6	1	9	0	0	29	30	-1	0	19			5	5	Beacon Hill FC	16	6	5	5	0	0	25	21	4	0	23	23	5
6	Narrabeen FC	16	4	5	7	0	0	19	22	-3	0	17			6	6	Mosman FC	16	6	3	7	0	0	23	18	5	0	21	21	6
7	Manly Allambie United FC	16	3	2	11	0	0	16	29	-13	0	11			7	7	Curf Curl Youth Club	16	3	6	7	0	0	6	20	-14	0	15	15	7
8	Avalon Soccer Club	16	0	2	14	0	0	10	50	-40	0	2			8	8	Wakehurst FC	16	1	2	13	0	0	3	41	-38	0	5	5	8
W 16/2															W 15/2															
1	Avalon Soccer Club A	16	16	0	0	0	0	57	9	48	0	48			1	1	Curf Curl Youth Club	15	14	1	0	0	1	58	11	47	0	43	45.86666667	1
2	Beacon Hill FC	16	11	1	4	0	0	36	15	21	0	34			2	2	Wakehurst FC B	15	10	2	3	0	1	39	14	25	0	32	34.13333333	2
3	Avalon Soccer Club	16	9	2	5	0	0	52	23	29	0	29			3	3	Pittwater RSL FC	15	9	2	4	0	1	32	22	10	0	29	30.93333333	3
4	Manly Vale FC	16	9	2	5	0	0	29	18	11	0	21			4	4	Manly Vale FC A	15	6	4	5	0	1	24	16	8	0	22	23.46666667	4
5	Collaroy Cromer Strikers FC	16	5	6	5	0	0	17	14	3	0	19			5	5	Brookvale FC	15	3	2	10	0	1	13	33	-20	0	11	11.73333333	5
6	Brookvale FC A	16	6	3	7	0	0	26	30	-10	0	21			6	6	Wakehurst FC A	15	3	2	10	0	1	10	31	-21	0	11	11.73333333	6
7	Mosman FC B	16	3	4	9	0	0	22	56	-28	4	13			7	7	Manly Vale FC B	16	3	1	12	0	0	24	66	-42	0	10	10	7
8	Curf Curl Youth Club B	16	1	1	14	0	0	11	78	-67	0	4			8	8	Mosman FC	15	2	0	13	2	1	12	58	-46	0	6	6.4	8
W 18/1															W 18/2															
1	Avalon Soccer Club A	14	11	1	2	0	0	54	7	47	0	54			1	1	Avalon Soccer Club	14	11	1	2	0	0	54	7	47	0	34	36.42857143	1
2	Pittwater RSL FC	14	10	2	2	0	0	44	10	34	0	34			2	2	Pittwater RSL FC	14	10	2	2	0	0	44	10	34	0	32	34.28571429	2
3	BTH Raiders Soccer Club	13	6	3	4	0	0	23	21	2	0	21			3	3	BTH Raiders Soccer Club	13	6	3	4	0	0	23	21	2	0	21	24.23076923	3
4	Wakehurst FC	15	7	3	5	0	0	41	25	16	0	24			4	4	Wakehurst FC	15	7	3	5	0	0	41	25	16	0	24	24	4
5	Narrabeen FC	14	6	2	6	0	0	33	35	-2	0	20			5	5	Narrabeen FC	14	6	2	6	0	0	33	35	-2	0	20	21.42857143	5
6	Seaforth FC	14	6	1	7	0	0	33	31	2	0	19			6	6	Avalon Soccer Club B	14	6	1	7	0	0	33	31	2	0	19	20.35714286	6
7	Avalon Soccer Club B	14	2	0	12	2	0	19	67	-48	0	6																		





# Manly Vale Football Club

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The Club would like to thank our Sponsors for all the help and support that you have given us over the past season. We hope that our association has been rewarding, and that you will be there for us again next season.



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